



How are things?

Date: / / **20**

Time: h m

Over the last 2 weeks, how often have you been bothered by any of the following problems?

Over the last 2 weeks, how often have you been bothered by any of the following problems?		0	1	2	3
1	Little interest or pleasure in doing things	Not at all	Several days	More than half the days	Nearly every day
2	Feeling down, depressed, or hopeless	Not at all	Several days	More than half the days	Nearly every day
3	Trouble falling or staying asleep, or sleeping too much	Not at all	Several days	More than half the days	Nearly every day
4	Feeling tired or having little energy	Not at all	Several days	More than half the days	Nearly every day
5	Poor appetite or overeating	Not at all	Several days	More than half the days	Nearly every day
6	Feeling bad about yourself or that you are a failure or have let yourself or your family down	Not at all	Several days	More than half the days	Nearly every day
7	Trouble concentrating on things, such as reading the newspaper or watching television	Not at all	Several days	More than half the days	Nearly every day
8	Moving or speaking so slowly that other people could have noticed/ Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	Not at all	Several days	More than half the days	Nearly every day
9	Thoughts that you would be better off dead or of hurting yourself in some way	Not at all	Several days	More than half the days	Nearly every day

NHS ID:

Service allocated case ID

SUM:

