Implementing Routine Outcome Measurement

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The Child Outcomes Research Consortium

The UK's leading membership organisation that collects and uses evidence to improve children and young people's mental health and wellbeing

Our vision: for all children and young peoples' wellbeing support to be informed by real-world evidence so that every child thrives

Our mission: to promote the meaningful use of evidence to enable more effective and child-centred support, services and systems to improve children and young people's mental health and wellbeing.

Our values: we are **honest, curious, challenging** and **respectful**

CORC Self Review and Accreditation Framework

Leadership & Management	Step achieved				Staff Development	Step achieved			
	1	2	3	4		1	2	3	4
Organisational Vision					Understanding of use of different data sources (including measures)				
Organisational commitment to collection and collation					Use of particular data sources (including measures)				
Organisational commitment to interpretation and use					Training and Continued Professional Development (CPD)				
Organisational culture supportive of use and learning					Review of measures and feedback in supervision				

Infrastructure & Information Management	Step achieved				Service user involvement	Step achieved			
	1	2	3	4		1	2	3	4
Enabling data use in direct practice with clients					CYPPC understanding of measures				
Enabling use of data at practitioner level					Communication with CYPPCs about measures				
Enabling use of data at team level and service level					Collaborative setting of goals and choice of measures				
Enabling use of data at system (area) level					CYPPC feedback on support				

Activating the model

Analyse

- **Partnership meeting**
- **Agree shared objectives**
- **Self-review using framework**
- **Implement Current Practice and Attitudes survey**

Plan

- **Develop a Prioritised Action Plan**
- **Emphasis on SMART**
- **Communications plan and Governance**

Review

- **Revisit Self-Review Framework**
- **Review impact**
- **Identify next steps based on lessons learned**

Do

- **Deliver Prioritised Action Plan**
- **Monitoring issues and impact**
- **CORC coaching/ mentoring/ advice**
- **CORC support as required**

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CORC Implementation Support

Implementation support	• **Coaching, mentoring or advice in delivering a Prioritised Action Plan** • **Rhythms for reviewing and monitoring activity** • **Communication and engagement**
Embedding measurement	• **Training on choosing and using measures** • **Process redesign to improve data collection rates** • **Data collection protocols and infrastructure** • **Shared outcome and measurement frameworks**
Working with data	• **CORC reports/ developing local reports** • **Performance management routines that embed meaningful use of outcome data** • **Facilitated sessions on analysis, interpretation and use of data**

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Over-arching principles
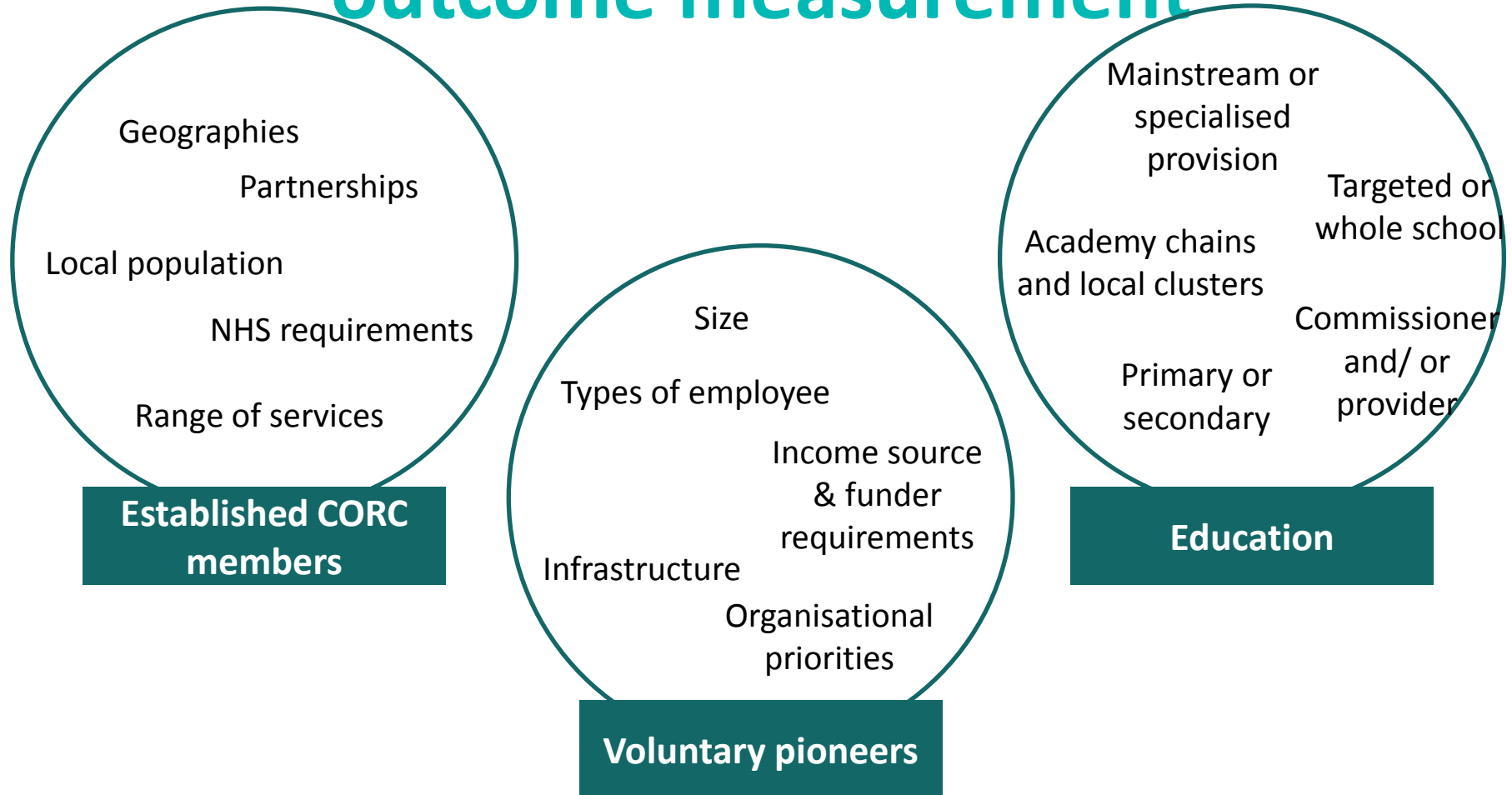
Strategically led

Continuous improvement

A collaborative approach which involves children, young people and their parents and carers

A 'whole system' approach, involving staff across services and at every level

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Huge diversity
A rich picture for 'meaningful' outcome measurement

Established CORC members

Geographies

Partnerships

Local population

NHS requirements

Range of services

Voluntary pioneers

Size

Types of employee

Income source & funder requirements

Infrastructure

Organisational priorities

Education

Mainstream or specialised provision

Targeted or whole school

Academy chains and local clusters

Commissioner and/ or provider

Primary or secondary

Over-arching principles

Strategically led

Continuous improvement

A collaborative approach which involves children, young people and their parents and carers

A 'whole system' approach, involving staff across services and at every level

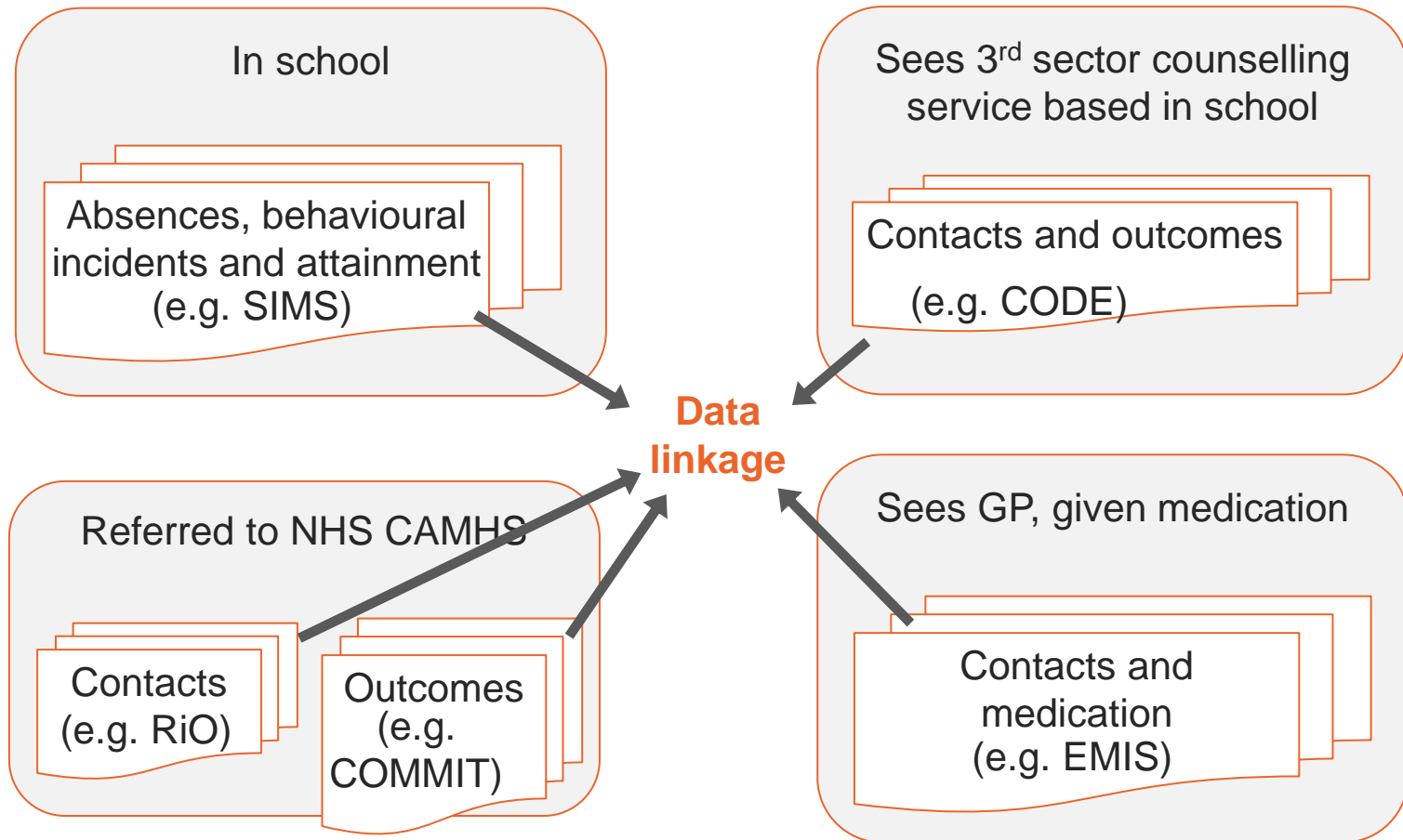# 'Whole system'? Shared ethos

- The context for each area is unique

- Application of CORC principles will look different in different areas

- Areas might seek to embed a shared ethos. For example -

    - Liverpool: cross partnership use of the Self Review Framework

    - South Derbyshire: focus on young people's goals

    - Tameside and Glossop: use of a core set of measures that reinforce person-centred approaches

'Whole system'? Cross organisation reporting

- A movement beyond individual service evaluation, towards thinking about data at a whole system level

- CORC reports that look across the different providers in an area
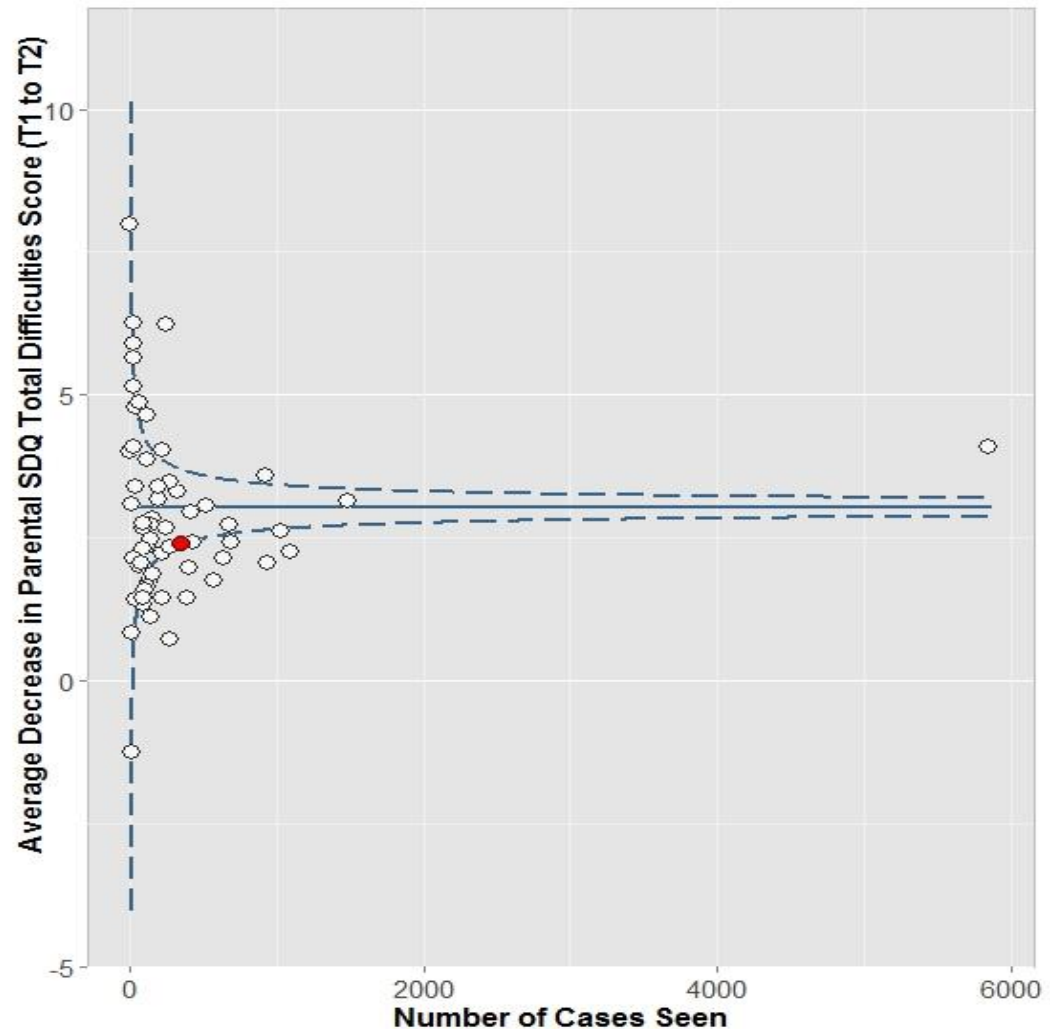
'Whole system'? Data linkage

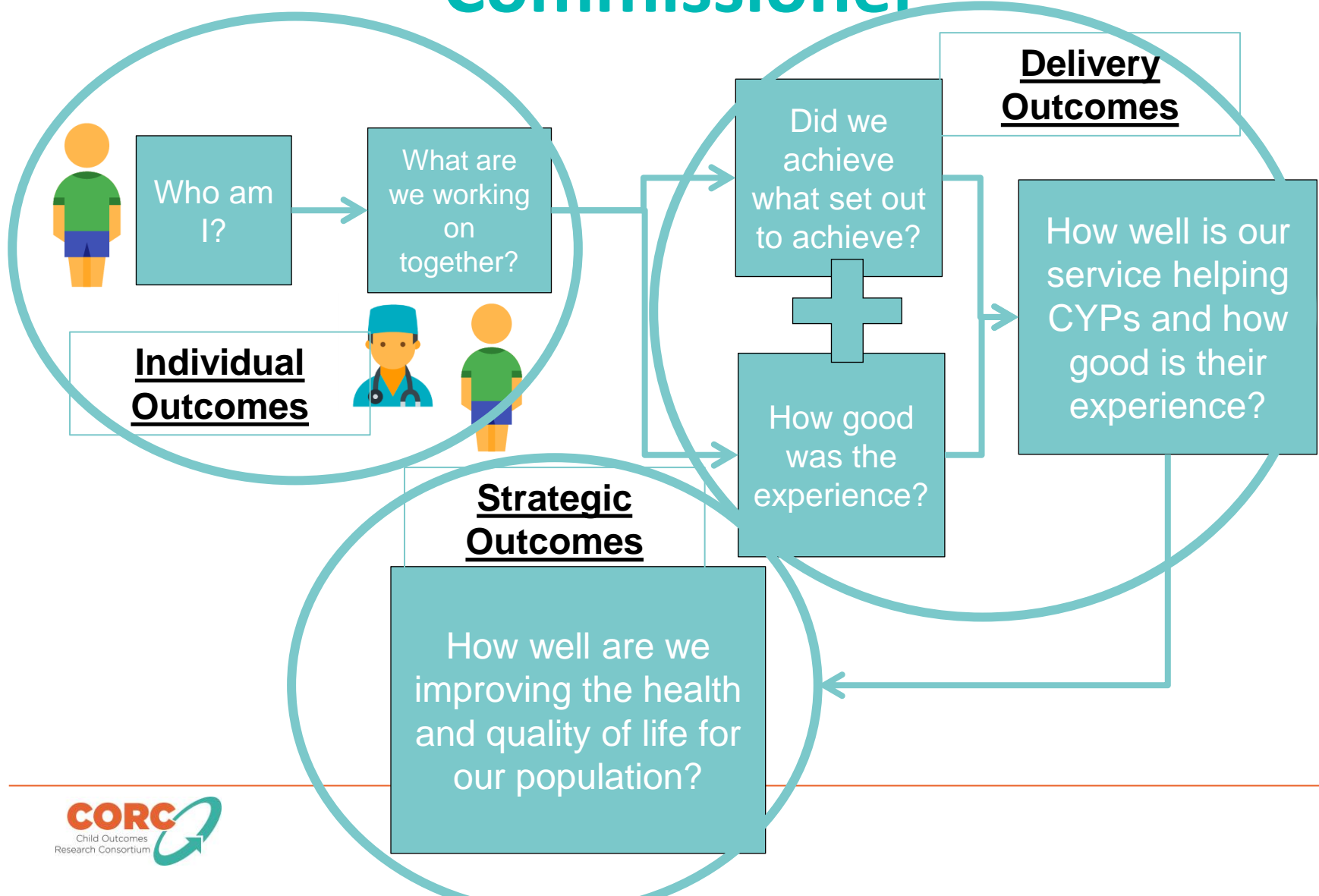# 'Whole system'? Shared outcome and measurement framework

What might it look like?

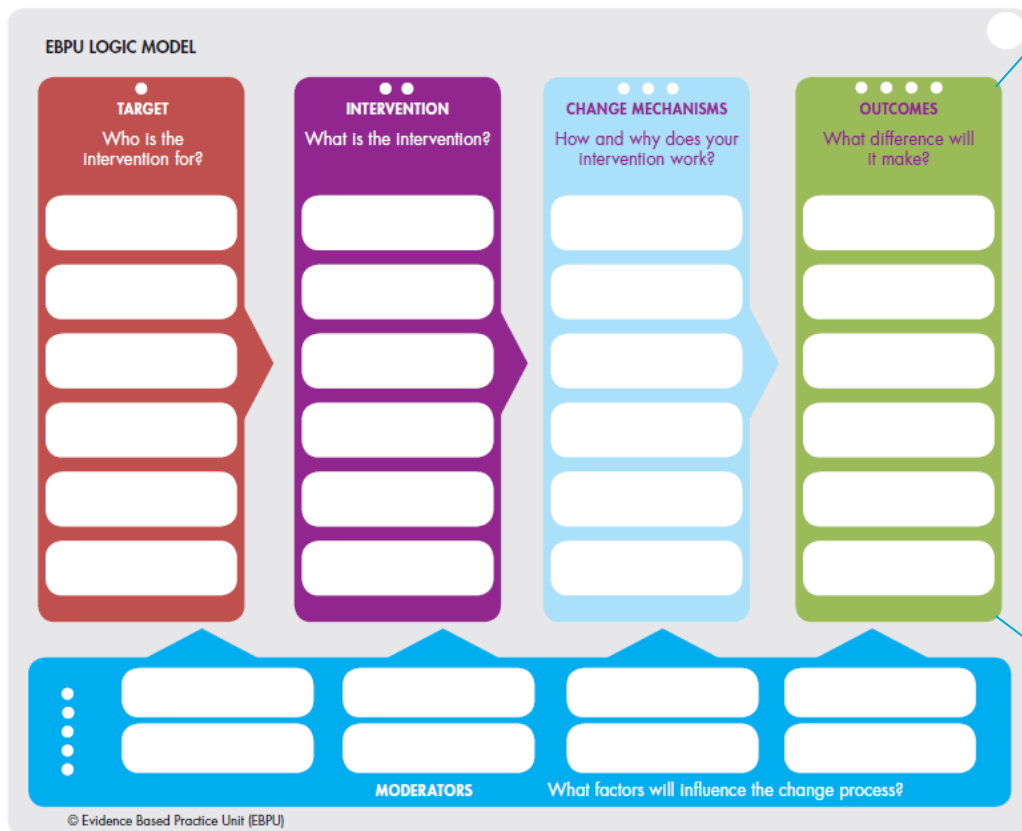**Tower Hamlets Transformation Plan for Children and Young People's Mental Health and Wellbeing**

http://www.towerhamletsccg.nhs.uk/Publications/Tower-Hamlets-Children-and-young-peoples-mental-health-local-transformation-plan-summary-December-2015.pdf

	Outcome cluster	Outcomes
Individual	Symptom improvement / maintenance	1. My issues with mental health are reduced
	Functioning	2. I can carry out the daily activities expected of me
		3. I lead a healthier lifestyle
	Achievement of goals	4. I am able to take part in activities that are important to me
		5. I am working towards developing my potential
	Empowerment: Self-determination	6. On balance, I feel good about myself
		7. My life has a sense of purpose
	Empowerment: Self management	8. My family / carers and I have a better understanding of my mental health
		9. I am able to manage when things get difficult
Interpersonal	Improved interpersonal relationships	10. I am able build and maintain good relationships
		11. I am able to express my feelings
	Family / carers	12. I am supported as part of a family
Whole System	Improved experience	13. My family and I have a positive experience of mental health services
		14. My family and I feel listened to by mental health services
		15. I feel safe from harm
	Improved access and early intervention	16. My family and I can access services when we need it
		17. My family and I know where to go when I want help
		18. My physical health needs are considered alongside my mental health needs
	Reducing exclusion and stigma	19. My family and I do not feel we are treated differently on account of my mental health
		20. My cultural and religious needs are met

1 Improve health and wellbeing

2 Improve resilience enabling flourishing lives

3 Reduce inequalities for those affected by mental health issues

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Headstart: Common Measurement Framework

EBPU LOGIC MODEL

TARGET — Who is the intervention for?

INTERVENTION — What is the intervention?

CHANGE MECHANISMS — How and why does your intervention work?

OUTCOMES — What difference will it make?

MODERATORS — What factors will influence the change process?

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OUTCOMES

What difference will it make?

- Improved well-being
- Fewer mental health problems
- Greater academic engagement
- Fewer risk-taking behaviours
- Improved employability

Questions?