



# Place2Be primary outcomes: Key findings 2014-15

June 2016

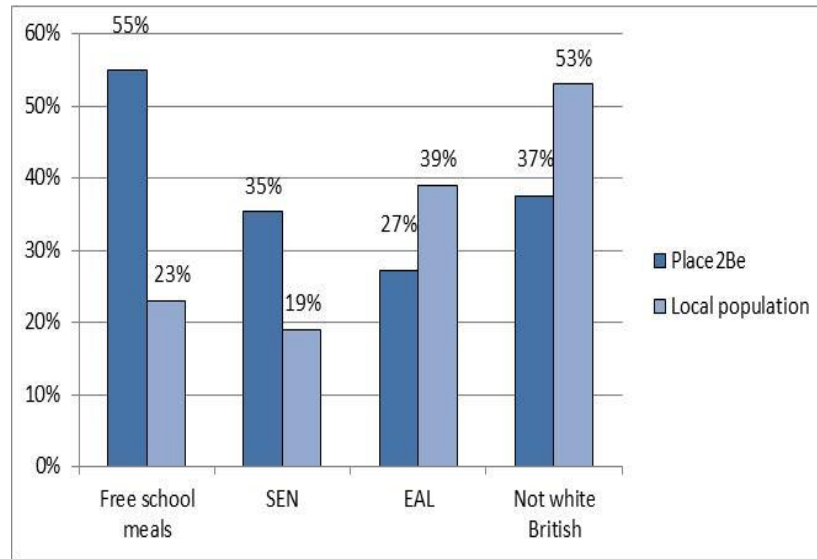
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# Who uses 1:1 counselling?



Primary school children

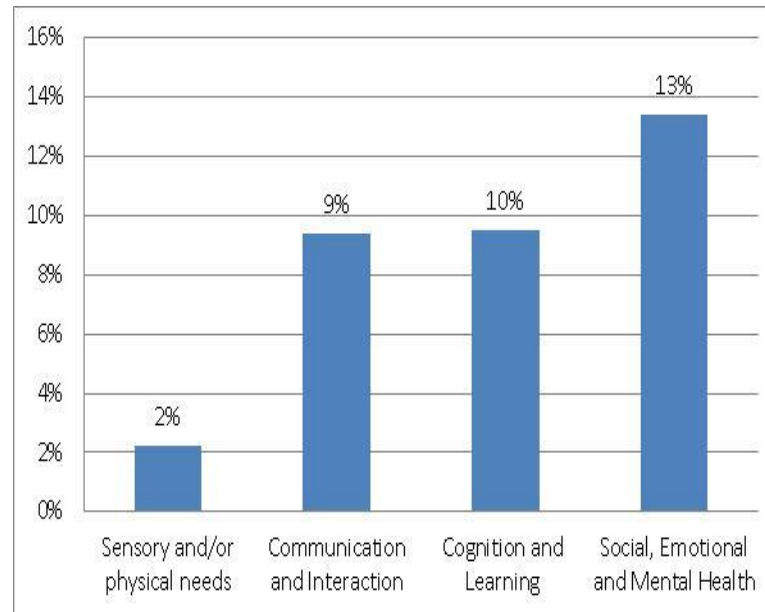


- Provided 1:1 counselling to 3,497 children in primary schools
- Place2Be continues to work with children with risk factors – more likely to be receiving FSM and have SEN
- 11% subject to Child Protection Plan and 7% Looked After in primary

# SEN categories



## Primary school children

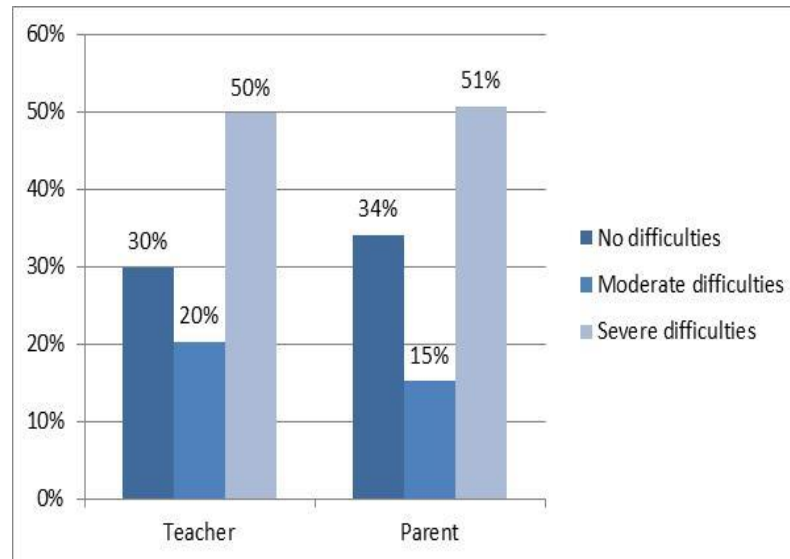


- Most common SEN in the Social, Emotional and Mental Health category for primary school
- Sensory and/ or physical needs less common in both primary and secondary

# What is children's mental health like when they start?



Primary school children

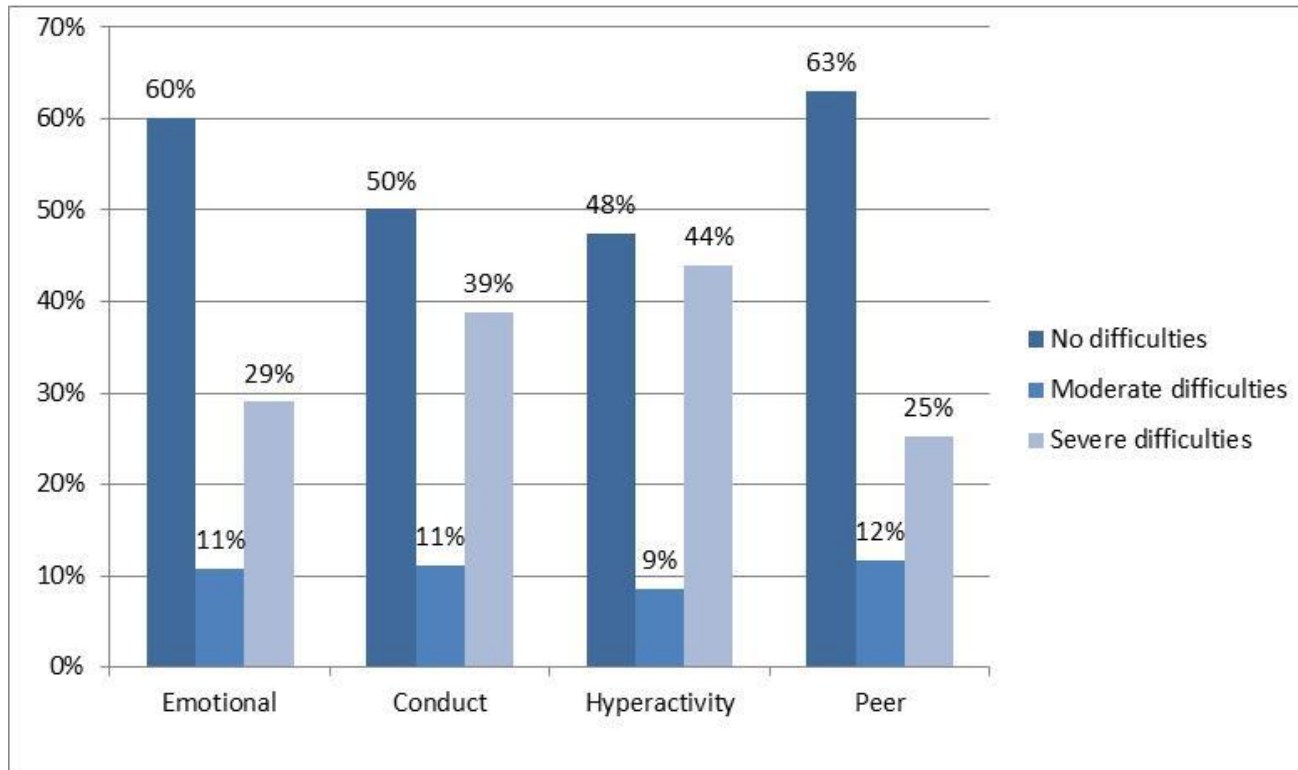


- Around half in severe difficulties category on SDQ
- A notable minority have no difficulties

# What is children's mental health like when they start?



## Primary school children



- Hyperactivity and conduct subscales with the highest percentage of severe difficulties (based on teachers' SDQ)

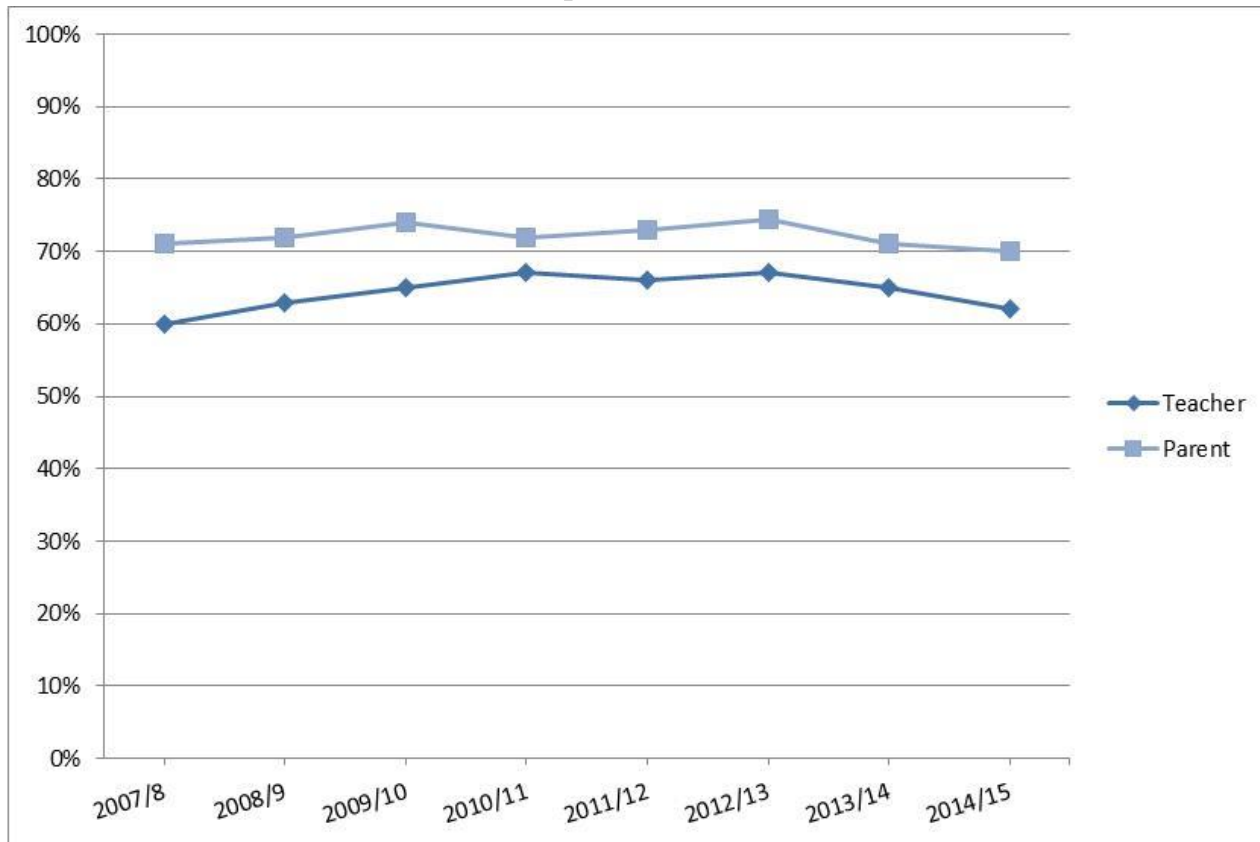
# What difference did counselling make?



We look at change over time in three different ways:

- **Improvement** – defined as one point positive change in SDQ
- **Clinical improvement or deterioration** – defined as positive or negative change from one clinical category to another
- **Reliable improvement or deterioration** – a calculation based on the standard deviation of the sample which reflects a positive or negative change that is not related to measurement variability in the SDQ

# Did children in primary schools improve?



- Slightly lower rates of improvement than last year
- Also lower rates of improvement than the average

# Did primary school children recover clinically?



	Teacher	Parent
Stay in no/moderate	44%	45%
Stay in severe	25%	23%
Deteriorated	8%	5%
Recovered	23%	27%
N=	<b>2078</b>	<b>1571</b>

- A notable minority of children recover from severe to no or moderate difficulties, but a similar proportion remain high risk
- 47% of children with severe difficulties recovered clinically according to their teacher



# Did primary school children change reliably?



Reliable change	Teachers		Parents	
	14/15	13/14	14/15	13/14
Reliably improved	18%	19%	23%	24%
Unchanged	77%	77%	75%	74%
Reliably deteriorated	5%	4%	2%	2%
N=	2078	2002	1571	1564

- Parents are more likely to perceive a reliable improvement than teachers
- Similar proportion of children improved reliably in 2014/15 and in 2013/14

# What was the impact on primary school children?



- 67%\* of teachers and 85%^ of parents thought that children were better after coming to Place2Be
- 62% (65%-2013/14) of children, whose difficulties interfered with their classroom learning, improved so this was less the case, according to their teachers

\*70% in 2013/2014 and 2012/13

^84 in 2013/14 and 86% in 2012/13

# Fixed point pilot study



- Pilot study of a sample of 45 children:
- Teacher SDQ completed before – at 11 sessions – at end of counselling
- Difference not significantly different

