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The challenges

High prevalence : 1 in 10 5-15 year olds have a MH disorder, 75% long term MH problems present before 18

Significant gaps in data and information and delays in the development of payment and other incentive systems

The treatment gap: only approx. 25% of those with a diagnosable mental health condition access support

Workforce: capacity and capability issues

Difficulties in access: increasing referrals and complexity, without increasing capacity

Complexity of current commissioning arrangements: a number of different agencies provide care

Access to crisis, out of hours and liaison psychiatry services are variable, including lack of health based places of safety


Specific issues facing highly vulnerable groups such as child sexual exploitation, looked after children or care leavers

Future in mind

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Promoting, protecting and improving our children and young people's mental health and wellbeing



- ## Future in mind
- Promoting, protecting and improving our children and young people's mental health and wellbeing
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- The illustration shows a large, open hand holding several small, colorful objects. At the top left, a speech bubble says 'LISTEN'. Below it is a book titled 'WORK ONLY EDITION'. To the right is a box labeled 'TRUST' with a broken lock icon. Further right is a yellow sign that says 'HOLD ON TO YOUR BELIEFS'. Above that is a green sign that says 'NO STIGMA'. In the center is a red house with a clock face on its door. To the right of the house is a pink clock face. Below the house is a blue globe. At the bottom left is a green arrow pointing up. At the bottom right is a purple arrow pointing down. The word 'SUPPORT' is written at the very bottom. The background is yellow with the word 'TOGETHER' written in a circular pattern at the top.
- Co-chaired by Department of Health and NHS England, working closely with Department of Education
 - Formal consultation with 1600 young people and 770 health professionals
 - Key themes :
 - Promoting resilience, prevention and early intervention
 - Improving access to effective support – a system without tiers
 - Care for the most vulnerable
 - **Accountability and transparency**
 - Developing the workforce
 - Work with children, young people and their families through an embedded approach to engagement and participation.
 - £1.4 bn pledged over the next 5 years, including £150m for eating disorders

The vision for change

The Government's aspirations are that by 2020 we would want to see:

Improved crisis care: right place, right time, close to home

Improved transparency and accountability across whole system

A better offer for the most vulnerable children and young people

Improved public awareness less fear, stigma and discrimination

Timely access to clinically effective support

More evidence-based, outcomes focused treatments

More visible and accessible support

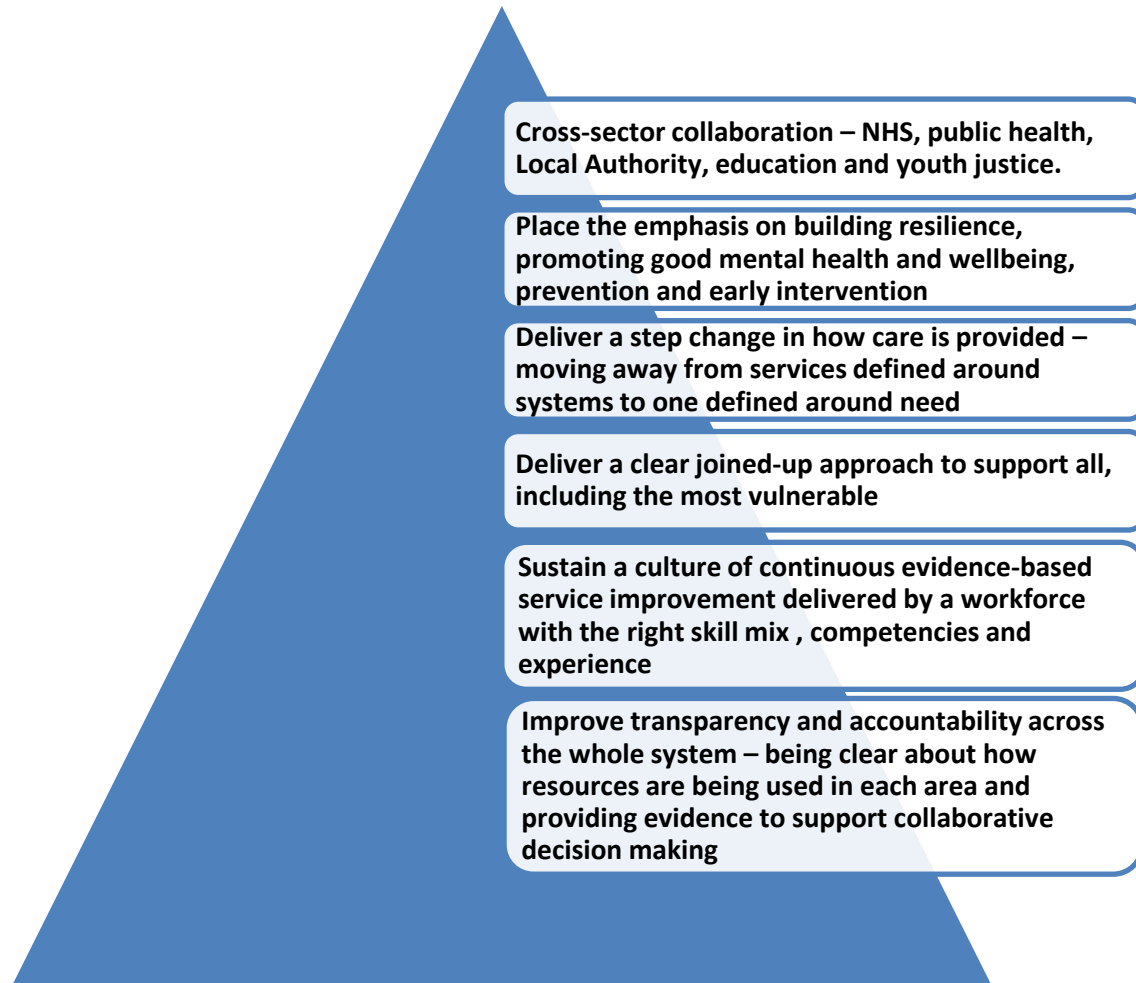
Professionals who work with children and young people trained in child development and mental health

A smooth and planned transition from children to adult mental health services

Improved access for parents to evidence-based programmes of intervention and support

Information and self-help available via online tools and apps

Delivering the changes – an integrated whole system approach



Six months on – the “what”

CYP IAPT programme expansion and extension to transform all services, with additional curricula

Early intervention in psychosis access and waiting times

Joint training pilots between schools and NHS services

Transforming care programme – review of children in ATUs

Community based eating disorder services backed by an access and waiting time standard

Marketing and digital projects, including raising awareness and reducing stigma

Improving access / reducing service inequality for vulnerable groups

Working with schools through PSHE resources and supporting innovation

Crisis care –health based places of safety for children and young people

Tier 4 service review

Digital – finding help online

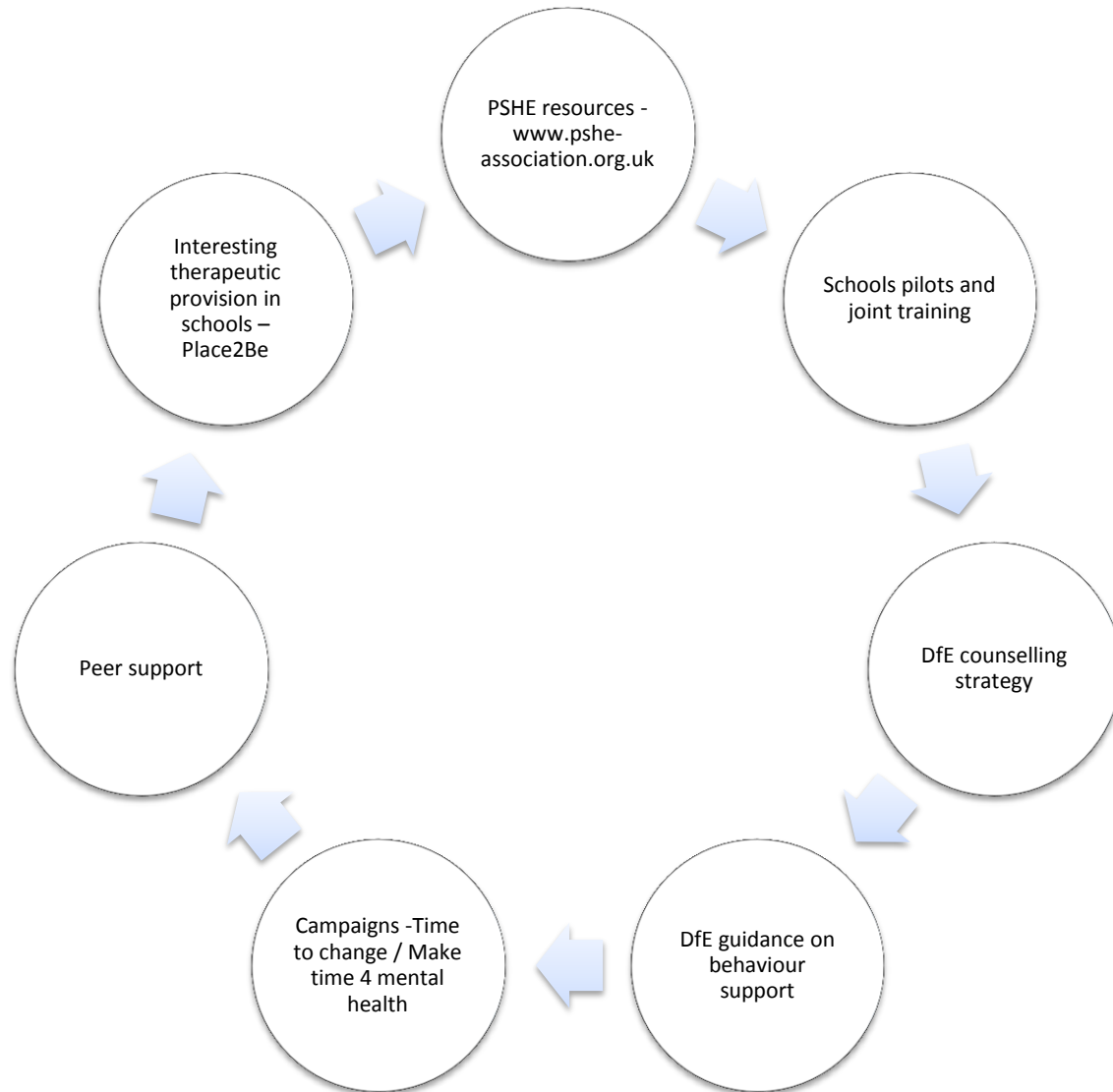


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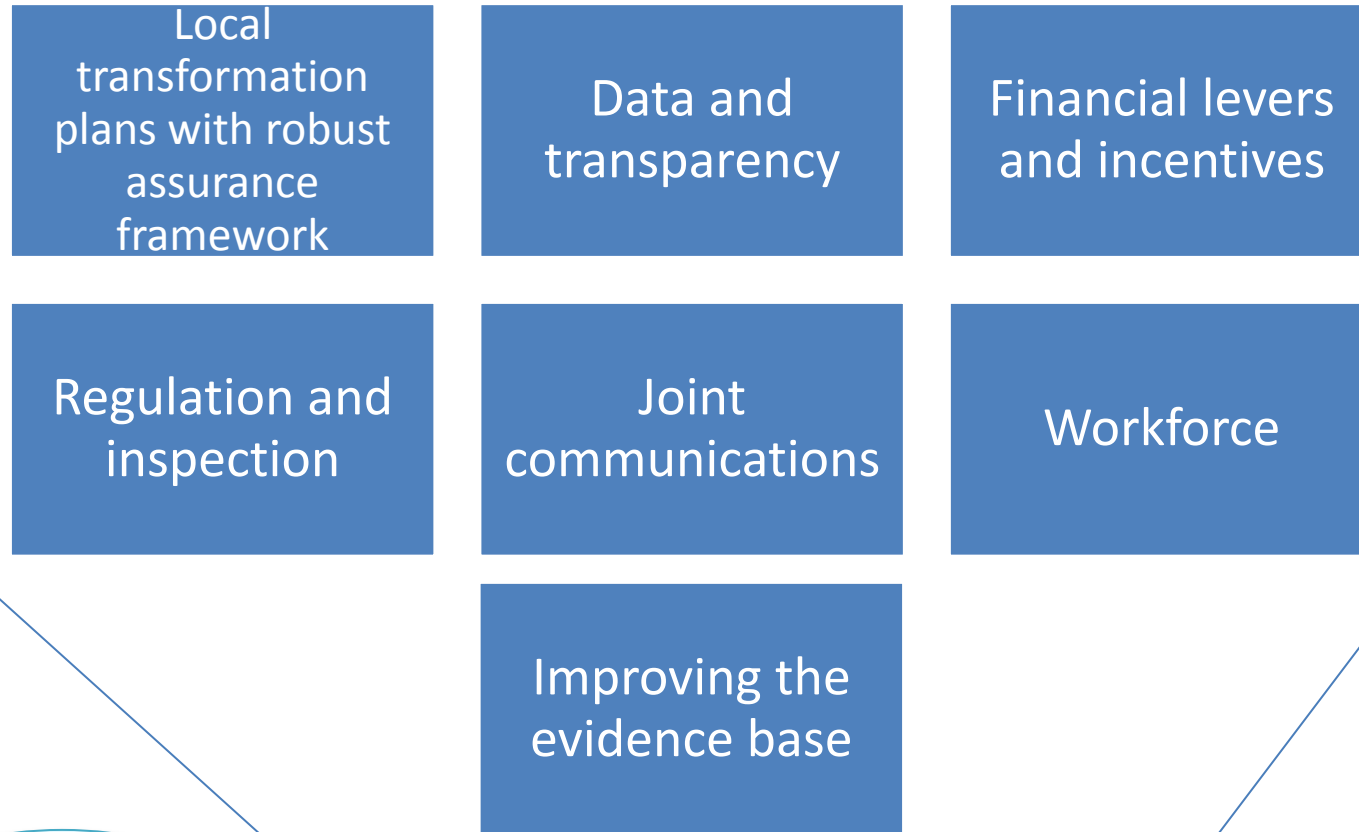
Data and transparency – priorities

- Routine Outcomes Monitoring
- Analysis of Local Transformation Plans (some quantitative)
- Prevalence survey (2018)
- Incorporating CYP IAPT dataset into...
- ...Mental Health Services Dataset (Jan 2016)
- Agreeing reporting with HSCIC (following consultation)
- Development of metrics to measure progress
- Grant to CORC to encourage take up by voluntary sector of outcome-based reporting

Schools activity



..... And the “How”



Local transformation plans – “right time, the right place, the right offer”

Plans expected to cover the full spectrum of mental health issues from prevention and resilience building to support and care for existing and emerging mental health problems, as well as transitions between children’s and adult’s services.

Plans should also address the needs of the most **vulnerable**, including looked-after children and care leavers.

Plans will be appraised through a bespoke assurance process which will be concluded by the end of the year.

Funding will be released if plans are sufficiently developed to secure the delivery of service transformation.

From 2016-17 onwards, plans will be integrated into the mainstream CCG planning framework, with an expectation that CCGs will continue to work with key partners to refresh their plans and monitor improvements.

This is the beginning of a journey