

# **Mental Health Green Paper: DfE Update**

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# Green Paper proposals

- We will incentivise every school and college to identify a **Designated Senior Lead** for Mental Health to oversee the approach to mental health and wellbeing.
- We will fund new **Mental Health Support Teams**, supervised by NHS children and young people's mental health staff, to provide specific extra capacity for early intervention and ongoing help. These teams will be linked to groups of primary and secondary schools and to colleges, providing interventions to support those with mild to moderate needs and supporting the promotion of good mental health and wellbeing.
- We will trial a **four week waiting time** for access to specialist NHS children and young people's mental health services.



# Training school Designated Senior Leads for Mental Health

We will incentivise the creation of Designated Senior Leads in schools & colleges by:

- Putting in place a high-quality **training package**, provided free of charge and with backfill cover (up to £95m over 5 years from 2019/20 academic year)
- Training is a vehicle for ensuring mental health is embedded within schools as part of a **whole-school approach**; plans, and expectations for teacher development
- In longer term, DfE will consider how this might be incorporated into a revised approach for **teacher development**, including how to link it with the NPQ curriculum, teaching schools and initial teacher training curriculum

Schools will need to identify a lead in order to be ready to work with a Mental Health Support Team as part of a trailblazer. The Designated Senior Lead training will help the school develop the role of that lead if they choose to do so.

## National roll-out of DfE/ NHSE's schools/CYPMHS pilot

- To lay the groundwork for better joint working and to encourage schools to identify a Lead early in order to make the most of the link with local children and young people's mental health services.
- The second phase of the pilot is still ongoing until March 2019.
- DfE are preparing for a national procurement exercise commencing in October/ November 2018, in preparation for issuing a contract for this work for March 2019



# Mental Health Support Teams

- July 2018: response to consultation and expression of interest for trailblazer areas launched
- September – November 2018: assessment of expressions of interest
- November 2018: announcement of first trailblazer areas
- January 2019: first trainees to start their course
- End 2019: first Mental Health Support Teams in place

Future rollout: expect to start recruiting second phase from January 2019 with phase 2 trainees starting course in September 2019. (Subject to NHS 10 year plan)



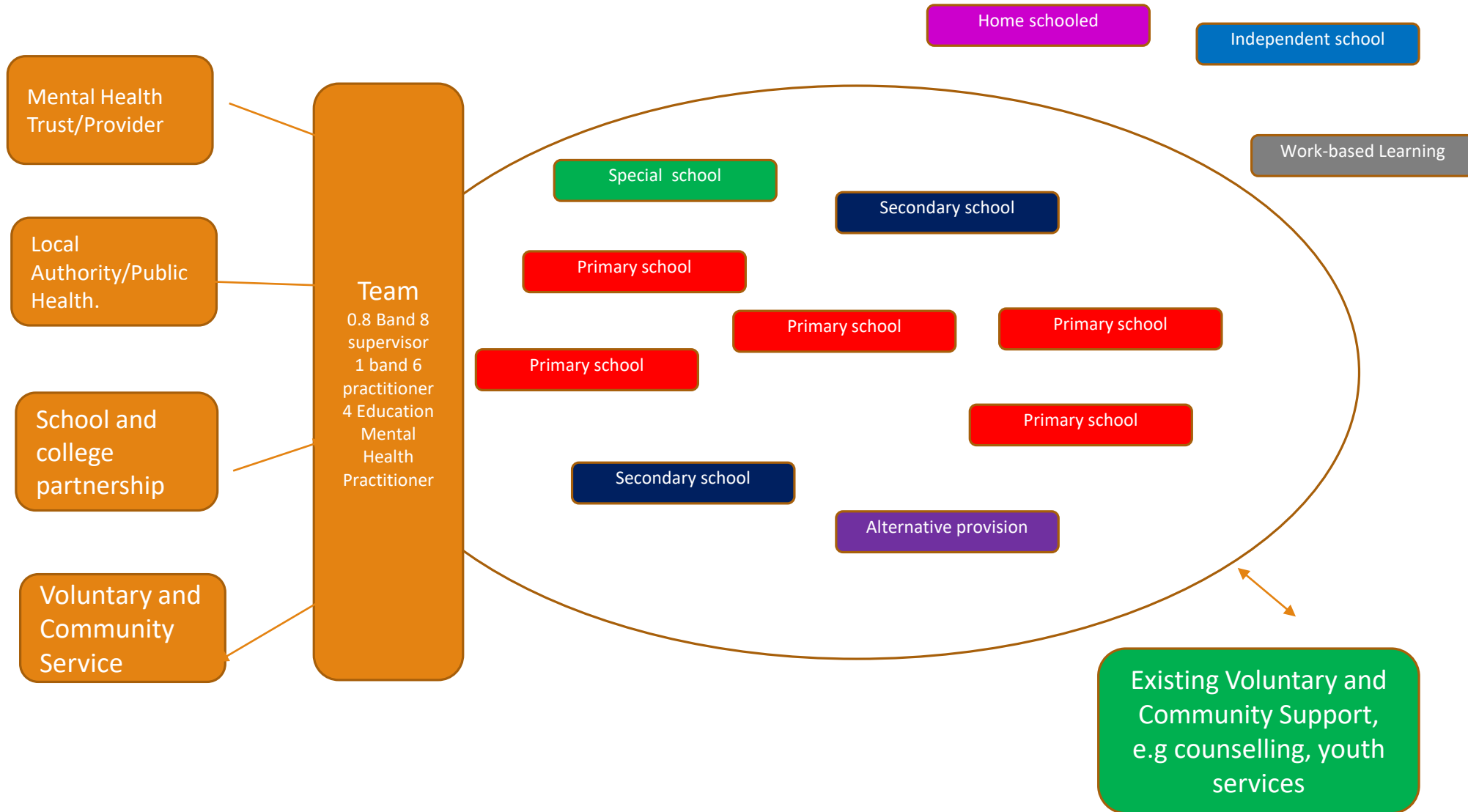
# Role of the teams

The teams will:

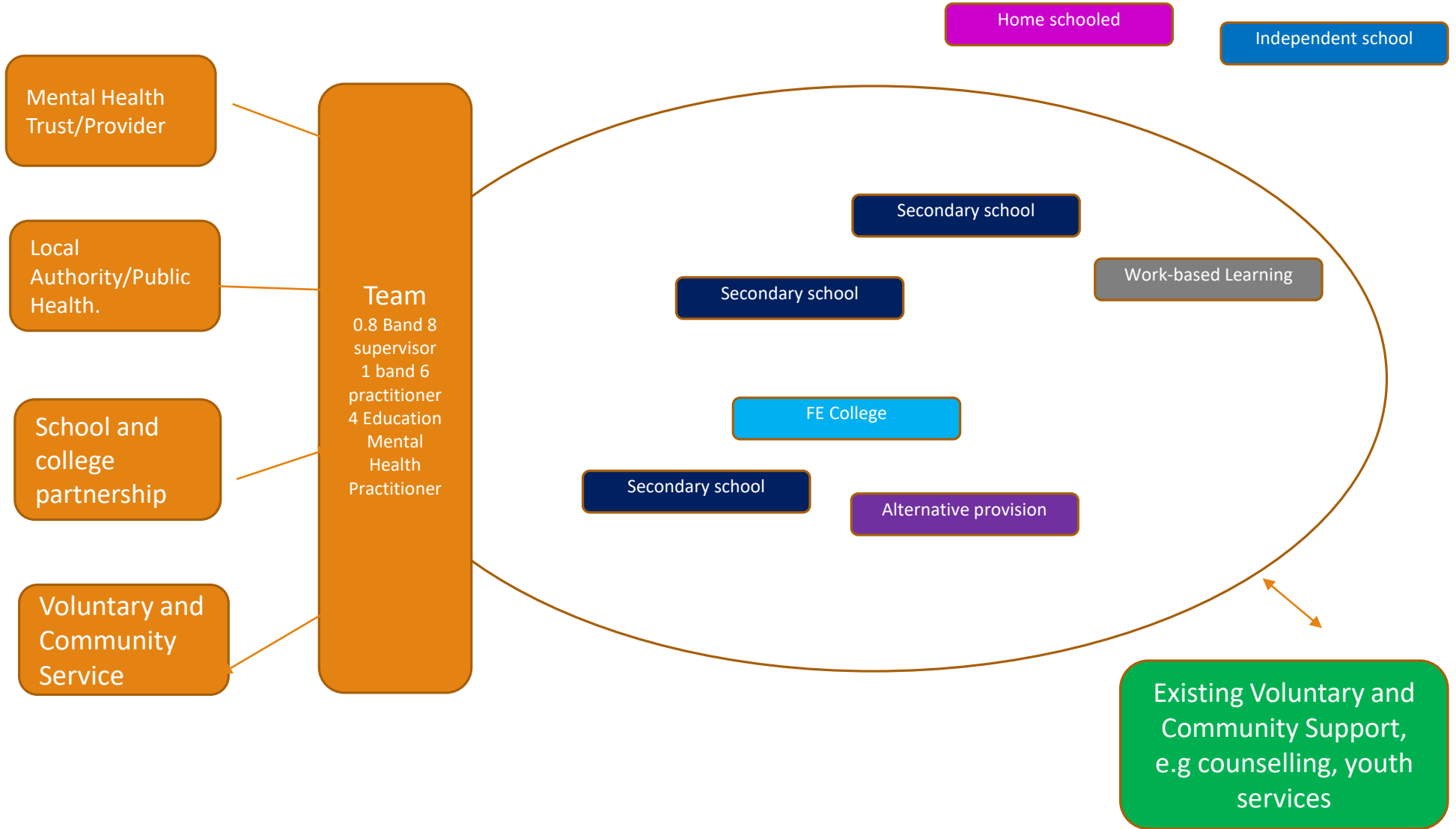
- Deliver evidence based interventions in or close to schools and colleges for those with mild to moderate mental health issues.
- Help children and young people with more severe needs to access the right support.
- Work with and within schools and colleges, providing a link to specialist NHS services.
- Build on and increase support already in place, not replace it.



# Potential team illustration A.



# Potential team illustration B.



# Specific Trailblazer Learning

**We want the trailblazers to help us understand how to meet the needs of:**

- Vulnerable children such as Looked After Children, Children in Need,
- CYP Special Educational Needs and Disabilities
- Early years – not core but lots of interest

**Trailblazer areas will also need to consider:**

- Cross border issues – different geographies, home location and school location may come under different CCGs
- Link up with other workforces – Social Workers, EPs, School Nurses, Counsellors
- Rural/Urban differences

Starting principle of equality of access – no one group gets priority. But might look to some areas to develop this practice in more detail.





# DfE role

Our role is to :

- Jointly oversee the implementation of trailblazers with NHS England, DHSC and HEE.
- Support with engagement and join up with education partners both at national and local level.
- Supporting delivery at local level (including the recruitment of additional regional delivery team.
- Implementation of Designated Senior Leads element and training needs.
- Roll-out of the schools/CAMHS links pilots.
- Jointly run and oversee the evaluation



# Evaluation

Monitoring

Ongoing collection on implementation and delivery of Mental Health Support Teams and Designated Leads

Process

Lessons learned on what works in implementation to feed into further trailblazer delivery and future national roll-out

Impact

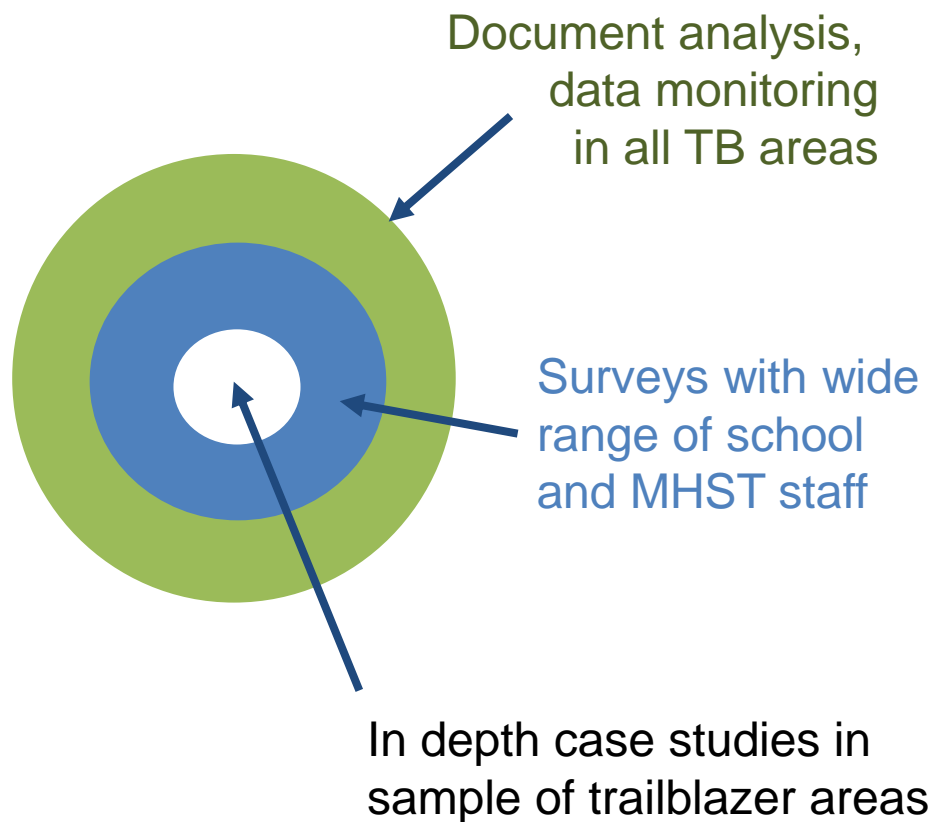
Outcomes and impacts for CYP, school and local level and wider system

Cost-benefit analysis



# Evaluation

## Mixed method approach, e.g.:



## Covering:

- CYP supported by teams
- CYP in trailblazer schools/areas
- Designated Senior Leads
- Wider school staff
- MHST staff
- Wider system – e.g. NHS CYPMHS, other CYP MHS

