

Wellbeing Measurement for Schools: learning from an Opportunity Area

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Background

Opportunity Areas (OAs) are **social mobility “cold spots”** where the Department is **prioritising resource** and bringing **local and national partners together** to improve social mobility for children and young people, including those from disadvantaged backgrounds.

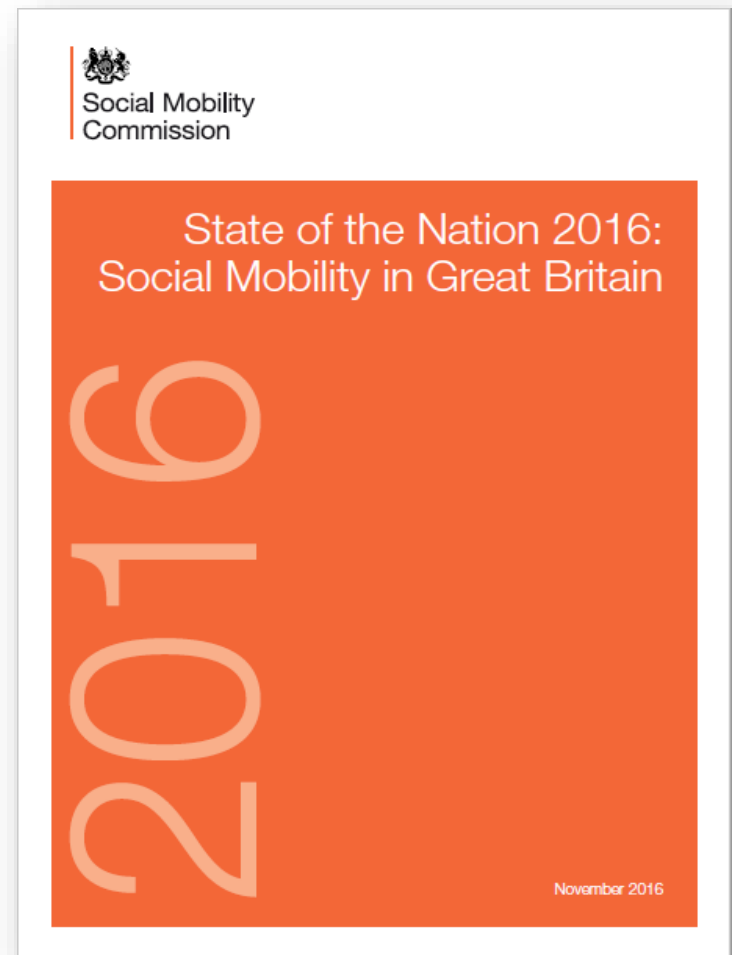
The programme has **two core objectives**:

- to **improve outcomes** for children and young people in the twelve OAs – from early years through to employment; and
- to **learn from what works** in these areas, capturing which challenges all areas share and what is unique to a particular place, and spread effective practice to other areas.

Opportunity Areas have low education standards - and low levels of social mobility

The 12 areas were selected based on the **Social Mobility Commission's 2016 index**; and the Department's **school standards/capacity to improve data** published alongside our White Paper in March 2016.

In addition to this data, to test what works in different communities, they also represent a geographical spread of **coastal, rural** and **urban** areas.



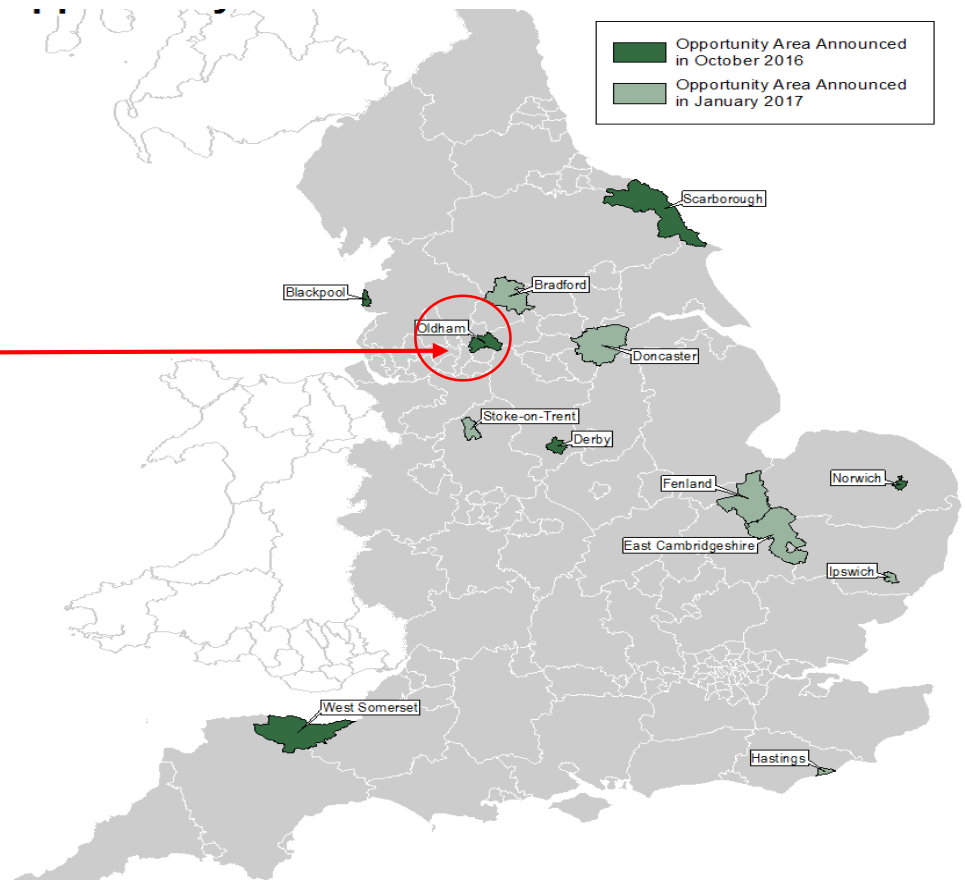
The 12 areas

- **Wave One:**

- Blackpool
- North Yorkshire Coast
- **Oldham**
- Derby
- Norwich
- West Somerset

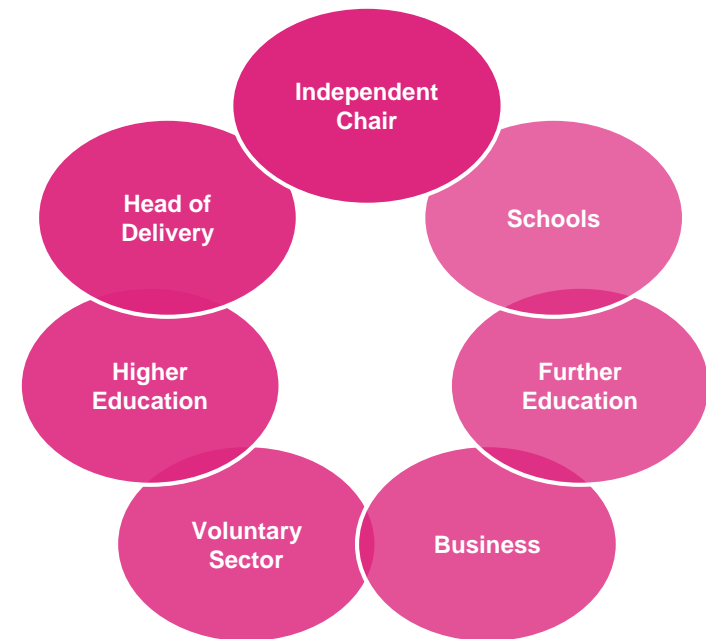
- **Wave Two:**

- Doncaster
- Bradford
- Stoke-on-Trent
- Ipswich
- Hastings
- Fenland & East Cambridgeshire



Social mobility happens through building a coalition for change

- Opportunity Areas is a **shared mission**, with the Department for Education and local partners working together **to achieve transformational change** over the coming years.
- Each OA has a local **Partnership Board**, headed by an experienced **independent chair** and supported by a **DfE Head of Delivery**.
- The boards in comprise of **local stakeholders** from across the area, and include **schools, further and higher education, businesses** and the **voluntary sector** to ensure a tailored and **localised approach** to **delivering priorities**.
- Following an **extensive and rigorous period of analysis**, which took into account a wide range of data, each area has produced a **delivery plan** identifying **key priorities** agreed by the local partnership board.
- We are working closely with three **national partners**, the **Education Endowment Foundation**, **National Citizen Service**, and the **Careers and Enterprise Company** across all Opportunity Areas



Partnership is the heart of our approach

Oldham's Opportunity Area partnership board

The Oldham Opportunity Area partnership board brings together local school and council leaders, businesses and community organisations with an understanding of the area and a commitment to making Oldham a better place to learn and achieve.

The board has shaped this plan and will work with the Department for Education and other partner organisations to make sure the Opportunity Area makes a difference now, and for the future. Board members will work with schools, early years and post-16 education providers, employers, young people and parents and carers, to keep developing our plan and make sure it delivers for Oldham.

Oldham Opportunity Area partnership board

James Kempton – Independent Chair

As the senior non-executive director on Ofsted's board, and a former Chief Operating Officer of the Chartered College of Teaching, James understands the quality and commitment required of school leaders and teachers to deliver outstanding education. As former elected member and leader of Islington Council, James oversaw significant improvements in standards of education, as part of the London Challenge programme. From that experience and his own research into the London Challenge programme, he brings valuable expertise in building and energising partnerships to drive up school standards. He is committed to helping Oldham's children and young people.

Partnership board members

- **Antony Hughes:** CEO of the Harmony Academy Trust – running five primary schools in Oldham
- **Clare Hutchinson:** As Opportunity Areas Lead for the Careers and Enterprise Company
- **Craig Dean:** CEO of Web Applications UK (an Oldham employer) and a trustee of Oasis Community Learning
- **Dr Cathy Hamer:** As the lead for the North West Regional SEND network, hosted by Oldham, and as an Early Years Consultant
- **Dr Joanne Pearson:** As Research Lead for the Oldham Research School and Head of the Teamworks Teaching School Alliance
- **Helen Lockwood:** As Executive Director for Economy, Skills and Neighbourhoods at Oldham Council
- **Jayne Clarke:** As Principal of Oldham Sixth Form College, and Executive Principal of Pinnacle Learning Trust (multi-academy trust)
- **Nicola McLeod:** Leading on fourteen to nineteen education and skills for Greater Manchester (GM) Combined Authority
- **Raz Mohammed:** As Assistant Chief Executive at Mahdlo Youth Zone

The meetings are also attended by the Regional Schools Commissioner for Lancashire and West Yorkshire and by the Department for Education Head of Delivery and Area Lead, who provide advice and support to the partnership board.



“Our goal is to ensure children and young people in Oldham get the opportunities and support they need and deserve.”

James Kempton
Independent Chair of the Oldham Opportunity Area Partnership Board

Oldham OA Delivery Plan priorities

Oldham's children and young people are intelligent, creative, caring and ambitious. They **deserve to have the best chance possible.**



Ensuring all children are school ready by the age of five

- Extend the 'Making it REAL' programme to 8 wards
- Increase the numbers of children achieving a good level of development



Raising attainment for all, and raising it fastest for disadvantaged pupils

- Raise attainment in phonics
- Raise attainment at KS2
- Raise attainment at KS4



All children and young people to be ready for life, learning and work.

- All schools in Oldham supported to designate a mental health lead, with 3 dedicated staff across the borough
- All schools in Oldham offered training to deliver in evidence-based programmes to promote positive mental health
- Increased mental health support for pupils in schools across Oldham



Priority 3

- a) Supporting schools and colleges implement the Whole School and College Approach to Emotional Health and Mental Wellbeing:
 - Principles, policies and approach
 - Self-Assessment
 - Graduated Response
 - Commissioning and quality assurance guidance
- b) Boost the capacity of schools and colleges to complete the self assessments and develop school / college action plans.
- c) Provide training to at least one member of staff in every school to deliver robust class room based programme to promote resilience and mental health.
- d) Evaluate and support home grown initiatives from a number of locally developed support programmes.
- e) Offer needs based support to schools and colleges between 2017 and 2019 to allow them to source additional mental health support to meet immediate needs of pupils.
- f) Consult with primary and secondary head teachers on the approach through forums.
- g) Complete mental health and wellbeing survey to help identify issues and monitor changes in mental wellbeing.



Priority 3

Wellbeing Measurement Survey

- Emotional & mental health problems effect a significant number of children and young people, however, our current understanding of prevalence rates, level of need amongst children and young people is limited.
- Locally, young people tell us anxiety/stress, self-worth, lack of confidence, depression and self-harm are the top presenting issues they face.
- Schools want the ability to understand the level of emotional and mental wellbeing difficulties across year groups and target interventions.
- A co-ordinated and systematic approach to measuring the mental wellbeing and resilience through evidence based tools.
- To use the outcomes as a basis for planning activities and evaluating impact at an individual and school / college setting.
- To use ammonised aggregated data obtained from the surveys to use to support both cluster (place based) and borough level to support service planning, evaluating impact and gaining baseline data on levels of need.



Wellbeing Measurement *for* Schools

Oldham Pilot: Summary Report



EBPU
Evidence Based
Practice Unit
A partnership of



Wellbeing Measurement *for* Schools

Supporting primary and secondary schools to:

- Understand particular strengths and challenges for their pupils
- Inform the planning of prevention or help
- Assess the impact of support year on year.



1.

Access an online
Wellbeing
Measurement Survey



2.

Receive your
Wellbeing
Measurement Report



3.

Be supported by
our
expert team

How much does it cost?

- £500 + VAT for any school (for 1 Year-group & 1 report regardless of size)
- £300 + VAT for any school that is part of the Schools in Mind network
- **Be an early adopter. Sign up for 2018-19 and we will guarantee this price for 3 years.**

Sign up now



www.corc.uk.net/for-schools

Contact us

measuringwellbeing@annafreud.org

Overview of results

1. Mental health and wellbeing

	1.1 Emotional difficulties
	1.2 Behavioural difficulties

2. Emotional strengths and skills

	2.1 Life Satisfaction*
	2.2 Empathy
	2.3 Self-esteem
	2.4 Problem solving
	2.5 Goal setting
	2.6 Participation in home and school
	2.7 Participation in community

3. Support networks

	3.1 Peer support
	3.2 School support
	3.3 Family support
	3.4 Wider support

Key

Comparing the proportions of pupils in the expected range in your school and other schools may suggest that:



This is an area of challenge for your school year group



Your school year group is typical in this area



This is an area of strength for your school year group

*We are currently exploring appropriate comparator options for this scale, to include as a feature of future reports.

1.1 Emotional difficulties

These questions are about the extent to which pupils direct negative feelings inwards, which may result in worry, anxiety and low mood.

Responses to these questions are scored and categorised as follows:

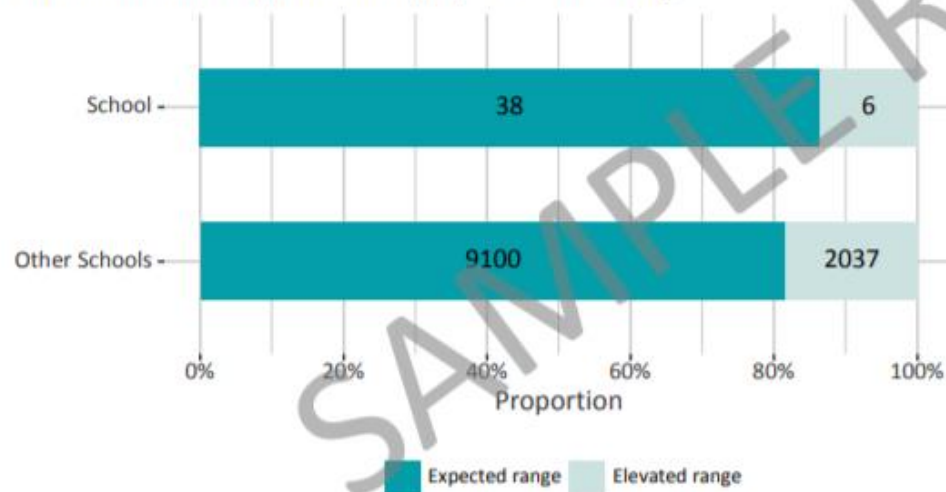
- Expected range – pupils who are scoring as expected for pupils their age
- Elevated range – pupils whose scores indicate a greater level of difficulties

Comparing the proportions of pupils in the expected range in your school and other schools may suggest that:



Your school year group is typical in this area

Numbers and Proportions of pupils in each range



Response rate

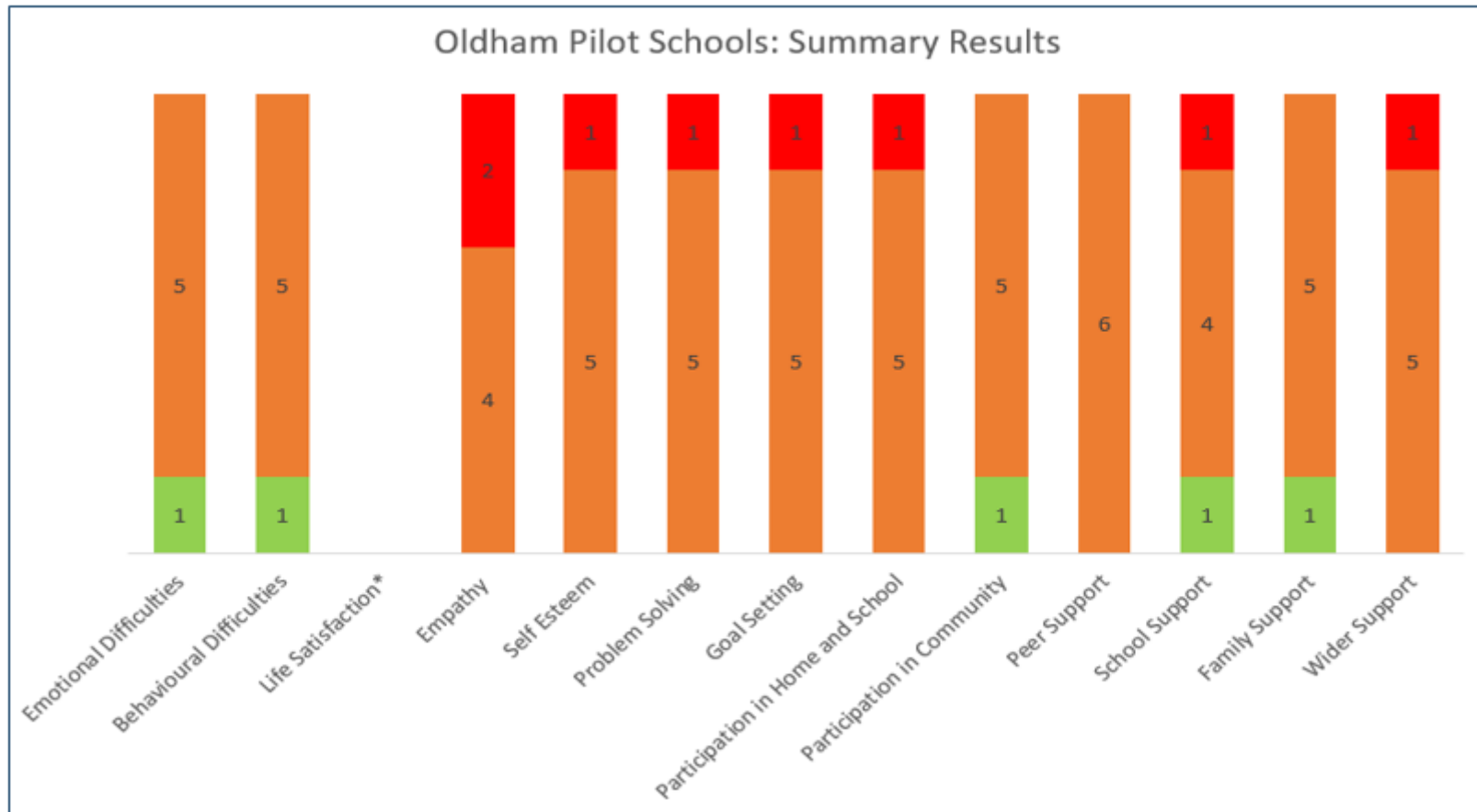
(Pupils who answered the questions in this area / Pupils in year group)

Your school: 71% (44/62)

Oldham Activity

- 11 schools originally engaged
- 7 returned school agreements
- 6 took part in the survey (5 Primary, 1 Secondary)
- Survey was completed in the last half term of 2017/18 academic year
- Number of pupils with parent consent to take part = 292/491
- Number of pupils completing the survey = 177

Oldham Summary of Results



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Feedback from schools (the report)

- Findings align with recent Ofsted findings (and Ofsted interested in the survey)
- The report has given confirmation to what were already thought to be areas of challenge
- The timing of the report, being given just before World Mental Health day, worked out well
- National context was extremely helpful

Feedback from schools (the process)

Overall the process was 'straightforward' and 'could not have been easier'

- Consent Process

- Addition of App / Portal
- Timing of letter made no difference
- Number actively 'denying' consent was very low (1 or 2)
- Covering letter to 'sell' the local message

- Completing the survey

- Taking pupils off in smaller groups (primary)
- Having all pastoral staff present (primary)
- Timetabling as part of 'Wellbeing days' or 'Extracurricular days' (secondary)

Essential Staff

- Head / Senior Leader to keep it as a high priority. Also, for looking at the results and being involved in planning for next steps.
- Office / administration staff as they will be sending out the letters and collecting responses
- Pastoral Team to understand the survey and help when students are completing and have any questions. Also, for looking at the results and being involved in planning for next steps.
- ICT / Data Leads to help with any technical questions / issues both through out the process and when of the survey is being completed.

Oldham Next Steps

- Role out to all Oldham schools
 - 86 Primary
 - 14 Secondary
- Potential 'Area' level report
- Action planning for improvement as an Opportunity area

Questions and Comments



THANK YOU