

Outcomes for All? Finding a common language for child and youth mental health

Kantor Centre of Excellence, 4 – 8 Rodney Street, London, N1 9JH

Event Overview

This year, we are excited to have such a wide variety of different practical and academic perspectives, presentations, research findings and experts from different backgrounds at our annual CORC Forum, 21st November. We bring together services, researchers and service users under one roof to learn and discuss how and if outcome measures work for everyone and in all contexts and whether we can find a common language for child and youth mental health.

Apart from sharing recent CORC developments and impact of our work in 2019, participants will be able to listen to member reflections and experiences in bringing together outcome measurement approaches and the latest NHSE developments regarding a National Outcomes Metric. Participants will hear about conclusions from the World Economic Forum's exploration of international models for youth mental health intervention and will learn about a new BPS-funded project to progress practice and guidance regarding measures for children and young people with learning disabilities. We also offer participants the opportunity to listen to what young people have to say about working with CORC on a new initiative for developing more interesting and appealing ways to have a meaningful say in outcome measurement.

#CORCForum2019

About the Child Outcomes Research Consortium

The Child Outcomes Research Consortium (CORC) is the UK's leading membership organisation that collects and uses evidence to improve children and young people's mental health and wellbeing. Founded in 2002 by a group of mental health professionals determined to understand the impact of their work, today our members include mental health service providers, schools, professional bodies and research institutions from across Europe and beyond. We hold data relating to mental health and wellbeing outcomes of more than 400,000 children and young people in the UK, representing the largest data set of this kind worldwide.

Members of the CORC team provide a range of support for the collection, analysis and reporting of data and the use of data to improve services as well as training and knowledge-sharing opportunities, such as the annual CORC Forum and Regional Seminar Series.

Website: www.corc.uk.net

Email: corc@annafreud.org

Twitter: [@CORCcentral](https://twitter.com/CORCcentral)

WiFi Code for attendees

Select **Gold-4655** (this is an open network – no password is needed, but the user will need to click a link to agree to the terms of use).

Feedback

We would benefit greatly from your feedback in order to improve our events in the future, please go to [menti.com](https://www.menti.com), enter the code **94 79 93** and answer 4 questions at the end of today's event.

Agenda

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|---------------|--|
| 09:00 – 09:30 | Registration, morning refreshments and networking |
| 09:30 – 09:40 | Introduction and welcome |
| 09:40 – 10:25 | <p>The global picture for youth mental health Conclusions from the World Economic Forum’s exploration of international models for youth mental health and proposals on a global model</p> <p><i>Craig Hodges, leader of World Economic Forum’s Mental Health Intervention Project and Director of National programmes at Orygen co presented with Ella Gow, Youth Partnership Facilitator at Orygen</i></p> |
| 10:25 – 10:55 | <p>Project snapshot: measures for children and young people with learning disabilities BPS and CORC collaboration to progress practice and guidance in this area</p> <p><i>Dr Rowena Rossiter, Cornwallis North East University of Kent</i></p> |
| 10:55 – 11:10 | Break |
| 11:10 – 11:55 | <p>Resources by young people for young people: the journey of an outcome measure Young people working with CORC share their initiative - developing more interesting and appealing ways to get clued-up on outcome measurement</p> <p><i>Amy Mary Rose Herring, Young Champion at Anna Freud Centre & Nick Tait, CORC Programme Manager</i></p> |
| 11:55 – 12:25 | <p>Recent developments from CORC The latest learning, innovations and direction of travel from CORC and collaborators</p> <p><i>Kate Dalzell, CORC Director</i></p> |
| 12:25 – 12:45 | <p>Panel discussion <i>Are outcome measures working for everyone? Go to menti.com (code: 85 76 99)</i></p> |
| 12:45 – 13:30 | Lunch |
| 13:30 – 14:10 | <p>NHSE: joining up the approach on outcome measurement – latest developments <i>Sally Milne and Jessica Sharp - Children and Young People’s Mental Health Team, NHS England</i></p> |
| 14:10 – 14:45 | <p>Routine outcome monitoring across organisational boundaries Sharing their experiences of bringing together the outcome measurement approaches of two neighbouring Trusts</p> <p><i>Barry McLernon and Seán O’Brien from Belfast Health and Social Care Trust</i></p> |
| 14:45 – 15:00 | Break |
| 15:00 – 15:35 | <p>What’s the impact of measuring wellbeing in schools?</p> <ul style="list-style-type: none"> • CORC research: how young people are affected by being asked questions about their mental health • Community Wellbeing: how measuring wellbeing has impacted on the whole school approaches of 5 schools <p><i>Nick Tait - CORC Programme Manager, Julia Alberga - Consultant project manager at The Jewish Leadership Council, Ben Ritchie – CORC Informatics Lead</i></p> |
| 15:35 – 15:55 | <p>Panel discussion <i>Are outcome measures working in all contexts? Go to menti.com (code: 85 76 99)</i></p> |
| 15:55 - 16:00 | Event close |

Speaker Biographies

Craig Hodges

Global Project Lead, Youth Mental Health – World Economic Forum (seconded from Orygen, the National Centre of Excellence in Youth Mental Health, Melbourne, Australia)



Craig has worked extensively in executive leadership roles in Australia and internationally for over 25 years, with a major focus on mental health service reform and the development of new and emerging models of early intervention for young people in primary care and community settings. Craig played a lead role in the establishment of headspaces centres – community-based spaces that act as a one-stop shop for young people who need help with mental health – as the Director of Service Development and Partnerships. He went on to support the implementation of Jigsaw, the national youth mental health program in Ireland, as their Director of Service Development. Craig has a background in Social Work and a Master of Evaluation and Human Service Management. He is a current Director with the Centre for Multicultural Youth and is a founding member of the International Association of Youth Mental Health (IAYMH) Executive.

Ella Gow

Youth Partnerships Facilitator, Orygen/World Economic Forum Partnership Project – Orygen (Australia).



Ella is an Australian graduate in public health and health promotion and has herself been through the mental health care system in Australia. Her recovery led her to find her passion; working to address the social determinants of mental health, reduce stigma and empower young people to be catalysts for change. She has held various roles in the mental health sector; including as a Project Support Officer for the National Programs team at Orygen and as a youth mental health representative with headspace. She currently works as the Youth Partnerships Facilitator at Orygen and is a Youth Commissioner with The Lancet Psychiatry Commission. In her role at Orygen, she leads the engagement of young people, nationally and internationally in the World Economic Forum partnership project. She hosts international consultation activities and is also the conduit for the engagement of the Forum's Global Shapers Network in the project.

Visit <https://www.orygen.org.au/Policy/World-Economic-Forum-partnership> for information regarding the Development of a Global Model for Youth Mental Health.

[@ellagow1](#)

Dr Rowena Rossiter

Consultant Clinical Psychologist and Honorary Researcher at the University of Kent



Ro Rossiter is a clinical psychologist who has worked with children, young people and adults who have learning disabilities in community and residential settings for over 30 years. From playing a lead role in developing and managing one of the first multi-agency Intensive Support Services for children and young people with learning disabilities who show behaviour described as challenging to more recent focus on practice and service development and research, she has tried to deliver and develop better services at both local and national levels in collaboration with service users and carers. Recent key themes include promoting emotional well-being and resilience in children and young people with learning disabilities as preventative and early intervention, an intervention – Keep Safe -for adolescents with LD who have displayed harmful sexual behaviours and project lead for Special Measures to share and grow practice and practice - guidance on measures and methods to promote equality and diversity in feedback and outcome measures.

Amy Mary Rose Herring

Young Champion at the Anna Freud National Centre for Children and Families



Amy is a young person who is open about her experience of Asperger's, depression and PTSD and has just completed her Masters in International Social Policy. Amy is passionate about improving mental health services for children and young people with a focus on health and social inequalities and ensuring that young peoples' voices are at the heart of decisions. Amy is the current Lead Governor of Sussex Partnership NHSFT and holds several strategic national roles representing children and young people, some including: NHSEI Personalised Care Team, Advisor to Association of Young Peoples' Health and is a member of the NHSEI Youth Forum and Bank of England Youth Forum; as well as being a Young Champion at the Anna Freud Centre and our newest addition to the CORC Board.

[@AmyMaryRose](#)

Tanaka Furawo

Young Champion at the Anna Freud National Centre for Children and Families



Tanaka is 19 years old and currently studies business management and marketing at Roehampton University. His interest in mental health didn't occur too long ago, but he is passionate to learn more about how to improve the wellbeing and mental health of young people and wants to help as best as possible.

Nick Tait

Programme Manager at Child Outcomes Research Consortium



As Programme Manager for CORC, Nick works directly with members as well as on a range of projects in collaboration with CORC partner organisations. Nick joined CORC after working in schools, first as a teacher and then as head teacher of a large London primary school. Through his work with children he saw the importance of effective support for children's mental health and wellbeing and worked with partner organisations to develop practice in school. He is particularly interested in the wellbeing of the most vulnerable children.

Julian Edbrooke-Childs

Associate Professor with expertise in child and adolescent mental health & Research Lead at Child Outcomes Research Consortium



Julian is Research Lead alongside Jenna Jacob at the Child Outcomes Research Consortium (CORC) and lecturer in evidence-based child and adolescent mental health at UCL. Julian Edbrooke-Childs is also Head of Digital Development and Evaluation and Senior Research Fellow at the Evidence Based Practice Unit (EBPU). Julian's research focuses on evidence-based child and adolescent mental health and includes projects which consider factors relating to person-centred care, shared decision making and evaluations of effective practice. Julian also leads on the management and evaluation of digital innovation grants for mobile health interventions.

Robert Quinn

Counsellor at YPAS Liverpool (Young Person's Advisory Service), Mental Health Therapist, ROMs Lead



Established in 1966 the Young Person's Advisory Service (YPAS) is a charitable sector organisation that supports children, young people and families. They have 3 locations in Central, South and North Liverpool. YPAS provides a diverse range of support, counselling and psychotherapy services to address the mental health and emotional wellbeing difficulties of Liverpool's children and young people aged 16-25 years and their families. Their mission is to improve the mental health and emotional well-being needs of children, young people and families in a non-stigmatized environment.

Lucy Adams

Young Champion at the Anna Freud National Centre for Children and Families



Lucy is passionate about mental health and politics and a Young Champion at the Anna Freud National Centre for Children and Families. She is also a Campaign Steering Group Member and supports the national youth rights project 'Make Our Rights Reality' @MORR_RIGHTS, which is coordinated by @YouthAccess.

[@lucy_jca](https://www.instagram.com/lucy_jca)

Nathan Randles

Participation Lead at Pennine Care NHS Foundation Trust (CAMHS)



Nathan has first-hand experience of Child and Adolescent Mental Health Services as a patient during his time in education. He works within Pennine Care NHS Foundation Trust as Participation Lead for CAMHS in delivering service user engagement and participation. Through these roles, he has developed strong dissemination and public engagement skills through traditional and online forms of media.

[@NathRand](#)

Kate Dalzell

Head of the Child Outcomes Research Consortium



Kate is Head of the Child Outcomes Research Consortium (CORC) and leads research, informatics and service support teams in taking forward CORC's mission: promoting the meaningful use of evidence to improve child and youth mental health and wellbeing. Kate is also Head of Innovation and Dissemination at the Anna Freud National Centre for Children and Families.

Her background is in service development in a local authority context, and in particular applying data-driven approaches to embed a focus on outcomes. She has been active in improving service collaboration and coordination around community needs through her work across a range of public, voluntary and community sector bodies – in particular in regeneration contexts.

Recently Kate has been exploring how evidence and feedback loops can improve the impact of self-care (non-professionally mediated approaches) in child and youth mental health, as well as continuing to improve CORC's support to young people, commissioners, mental health practitioners and schools in making best use of evidence to improve outcomes.

[@katedal](#)

Barry McLernon

Outcomes Information Officer, Belfast Health and Social Care Trust (CAMHS)



Barry joined Child and Adolescent Mental Health Service (CAMHS) initially as a Higher Clerical Officer in 2016, before becoming Outcomes Information Officer at the Belfast Trust and South Eastern Trust in Summer 2019. He is experienced in implementing quality improvement projects and systems for collection, collation and analysis of Routine Outcome Measures. He leads on service reviews and supports the facilitation of service user groups. Barry is passionate about outcomes and real improvements to gain more evidence-based support for CAMHS and other Mental Health Services across Northern Ireland.

[@barry_mclernon](#)

Seán O'Brien

Outcomes Information Officer, Belfast Health and Social Care Trust (CAMHS)



Sean found himself drawn towards the Health Service where he began working for the Child and Adolescent Mental Health team as a Higher Clerical Officer. He continued to work for CAMHS for over 9 years in a number of roles always striving to improve the current processes of working effectively. In his current role as an Outcomes Information Officer, Sean builds a comprehensive information service for CAMHS and works on collecting good reliable data and embedding outcomes in the core CAMHS services to help improve the care for young people.

"I see our membership with CORC as a way to drive our service improvements and provide a better and more effective service for our young people and their families going forward."

[@SeanOBr53352151](#)

Julia Alberga

Consultant project manager at The Jewish Leadership Council



Julia has an extensive career in both business and the charity sector. She has successfully developed the ORT JUMP mentoring programme for Jewish Schools, which gives students a head start in discovering their career choice and she is now managing the Community Wellbeing Project, which is a Jewish Leadership Council (JLC) led initiative to conduct research and implement a sustainable education and support service for the mental health and wellbeing of children and young people in the Jewish community.

[@AlbergaJulia](#)

Ben Ritchie

Informatics Lead at Child Outcomes Research Consortium



Ben is the lead of CORC Informatics, which supports CORC's member services and central team in processing and managing large data sets efficiently. He has particular experience in the fields of data handling and information governance. Current work with partnerships of organisations in the health, education and social care sectors aims to link data sources to consider service user outcomes from different perspectives. Before joining CORC, Ben managed data collection and report preparation for the child and adolescent mental health services payment system project, which involved supporting 20 pilot sites across England on improving data quality. Ben has previously worked at the London School of Hygiene & Tropical Medicine on research into health policy implementation and commissioning.

Attendee List

| First Name | Surname | Organisation |
|-------------|----------------|--|
| Noelle | Adames | Here4You Counselling Service |
| Lucy | Adams | Young Champion at Anna Freud Centre |
| Ayema | Akbar | Rethink & Futures Leeds City Council |
| Julia | Alberga | Community Wellbeing |
| Federica | Alberton | Barnet Community CAMHS |
| Pippa | Aspin | NHS Camden Clinical Commissioning Group (CCG) |
| Lee | Atkins | Child Outcomes Research Consortium |
| Mick | Atkinson | Consultant |
| Tom | Bardsley | PhD Student |
| Helen | Barnes | Mayden |
| Megan | Bedding | Family Services Barnet Council |
| Rebecca | Bird | Berkshire Healthcare NHS Foundation Trust |
| Liz | Bowles | Partnership for Children |
| Jill | Brookes | HeadStart Hull |
| Frank | Burbach | Healios |
| Leslie Anne | Campbell | IWK Health Centre |
| Martha | Campbell | Belfast Health and Social Care Trust |
| Claudia | Chow | Central and North West London NHS Foundation Trust |
| Sharon | Clark | IWK Health Centre |
| Luís | Costa da Silva | Child Outcomes Research Consortium |
| Chioma | Dafikpaku | East London Foundation Trust |
| Kate | Dalzell | Child Outcomes Research Consortium |
| Lene | Danielsen | University Hospital of North Norway (UNN) |
| Tracey | Dickens | ADHD Foundation - Linked to Liverpool CAMHS |

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| Simon | Diggins | South London and Maudsley NHS Foundation Trust |
| Jenny | Draisey | Surrey and Borders Partnership NHs Foundation Trust - Hope Service |
| Julian | Edbrooke-Childs | Child Outcomes Research Consortium |
| Debbie | Emberly | IWK Health Centre |
| Isobel | Fleming | Child Outcomes Research Consortium |
| Lesley | French | Anna Freud Centre |
| Tanaka | Furawo | Young Champion at Anna Freud Centre |
| Ella | Gow | Orygen |
| Michele | Gull | Denewood and Unity Academies |
| Tracy | Haase | The Education Support for Medical Absence (ESMA) |
| Charlotte | Hampton | Royal College of Psychiatrists |
| Kelly | Hannaghan | Lessness Heath Primary School |
| Suusanna | Harskamp | HeadStart Newham |
| Sarah | Hart | Step by Step |
| Alex | Hayes | The National Lottery Community Fund |
| Philippa | Heath | South London and Maudsley NHS Foundation Trust |
| Barbara | Hills | Avon and Wiltshire Mental Health Partnership NHS Trust |
| Craig | Hodges | Orygen |
| Sarah | Hollingsworth | Hertfordshire Partnership University NHS Foundation Trust |
| Nicola | Houston | St Georges Weybridge School |
| Bronach | Hughes | University of West London |
| Jane | Hull | SS Peter and Paul's Catholic Primary School |
| Joanna | Hunt | The Children's Society |
| Beth | Ingram | Hearts & Minds Peer Support and Youth Mental Health Consultant |
| John | Ivens | Bethlem and Maudsley Hospital School |
| Mel | Jarvis | Berkshire Healthcare NHS Foundation Trust |

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| Nikki | Kehoe | Avon and Wiltshire Mental Health Partnership NHS Trust |
| Suzanne | Keys | NewVic Sixth Form College |
| Duncan | Law | Consultant Clinical Psychologist |
| Rory | Lawless | Child Outcomes Research Consortium |
| Sharon | Lazard | Parent Champion at the Anna Freud Centre |
| Polly | Lee | NHS Camden Clinical Commissioning Group (CCG) |
| Lily | Levy | Homerton University Hospital NHS Foundation Trust |
| Olle | Lindevall | BUP Stockholm |
| Jennie | Mackeith | NHS Camden Clinical Commissioning Group (CCG) |
| Emma | Mapes | Surrey and Borders Partnership NHS Foundation Trust - Hope Service |
| Sally | Marriott | Child Outcomes Research Consortium |
| Kate | Martin | Common Room Consulting |
| Nicky | Martin | YPAS Liverpool |
| Amy Mary Rose | Herring | Young Champion at the Anna Freud Centre |
| Jennifer | McCarron | IWK Health Centre |
| Barry | McLernon | Belfast Health and Social Care Trust |
| Josep | Mercadal | Fundació Vidal i Barraquer |
| Sally | Milne | NHS England |
| Charlotte | Mindel | XenZone |
| Angela | Moore | Northgate School |
| Louise | Moore | The Children's Society |
| Nick | Morgan | Anna Freud National Centre for Children and Families |
| Madison | Noakes | Young Champion at Anna Freud Centre |
| Seán | O'Brien | Belfast Health and Social Care Trust |
| Eleanor | O'Donohoe | Healthy Schools Team, Tower Hamlets |
| Maddie | Ohl | University of West London |

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| Rashaun | Pacquette-Simpson | Anna Freud Centre |
| Lorraine | Pargeter | Private Therapist |
| Nidhish | Parikh | |
| Ria | Patel | Berkshire Healthcare NHS Foundation Trust |
| Ronda | Pearce | Nottingham City Council |
| Catherine | Pepper | HeadStart Hull |
| Laurie | Poole | HeadStart Newham |
| Louise | Prew | NHS |
| Marianne | Promberger | Private Therapist |
| Robert | Quinn | YPAS Liverpool |
| Nathan | Randles | Pennine Care NHS Foundation Trust (CAMHS) |
| Anisa | Rashid | Child Outcomes Research Consortium |
| Gavin | Rathmell | Newcastle Gateshead CCG |
| Martha | Reilly | Child Outcomes Research Consortium |
| Benjamin | Ritchie | Child Outcomes Research Consortium |
| Rowena | Rossiter | Cornwallis North East - University of Kent |
| Dariush | Salehi | Family Services Barnet Council |
| Rebecca | Salter | Place2Be |
| Clare | Shakespeare | Central and North West London NHS Foundation Trust |
| Jessica | Sharp | NHS England |
| Nick | Tait | Child Outcomes Research Consortium |
| Holly | Tea | Denewood and Unity Academies |
| Anja | Teichert | Child Outcomes Research Consortium |
| Dimitra | Theodoropoulou | Kids Inspire |
| Angharad | Thomas | East Learning CIC |
| Troy | Tranah | South London and Maudsley NHS Foundation Trust |

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| Irrina | Trusca | The Children's Society |
| Paul | Van Walwyk | Wolverdene Special School |
| Lizzie | Ville | HeadStart Newham |
| Rachel | Walters | Step by Step |
| Mark | Warr | The National House Project |
| Emily | Weitzel | HeadStart Kent |
| Oliver | Welsby | Brightcore Safeguarding and Wellbeing Consultancy |
| Rachel | Whitby-Smith | Action for Children |
| Ashley | Wyatt | Child Outcomes Research Consortium |
| Ann | York | Consultant Child and Adolescent Psychiatrist |
| Lynne | Yousef | Escape Intervention Services Ltd |