



WHY WE ARE HERE

We don't want young people to be just the 'researched upon' when thinking about youth mental health research!

We want to bring together the people who provide mental health support, the people who use it and the people who research it, so that together we can move mental health research forward.

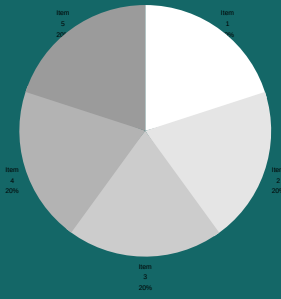


As part of our work with Young People, we want to know what questions young people want to ask:

1. mental health researchers
2. mental health practitioners
3. mental health service providers.

The ultimate goal is to use these questions as a foundation for our bigger work on producing a short film, co-produced by young people, to help young people and their friends and family to better understand what happens to their information and data when accessing help and support.

For example, why do services want this information in the first place? Does it affect the treatment or therapy in any way? How is this information being treated and where is it going to be used outside the mental health services, such as research?



CORC VIDEO

*The journey of
an outcome
measure*

Concept

For young service users to investigate what happens after they fill out a questionnaire? What happens to their information and data next? Mapping the journey from child to practitioner, service provider, to researcher.

Purpose

Helping young people and families understand what happens to their information (questionnaire) once filled out in the room of their mental health service to what service providers and researchers do with this information and how it is being treated and used.

This video aims to:

- Help to connect outcome measure to real life impact
- Help CYP and families to understand what they are and why they are useful
- To support services to explain to CYP why they are to be asked to complete measures

Style

Aiming for an interview-styled video in 3 chapters (**YP asking practitioners, YP asking service managers, YP asking researchers**). Can also include more creative elements, e.g. stock animation, whiteboard animation. **What do you think?**

Do you find practitioners and service providers are keen to listen to research or not?	Could they be more user-friendly? E.g. tracking things on an app, or using better visuals like emojis?	How can you tailor explanations & questionnaires for different age groups? Need to avoid patronising /overwhelming / confusing.	Definitions of mental health and emotional wellbeing and explaining both their distinctive definition and also where they overlap?
How can you get honest feedback from people? If time and money invested, it's hard to say that effort has been wasted.	What is the level of Young People and Parent / Carer Involvement in service design, practice and research study designs?	How do we interpret questionnaire data in a meaningful way? What do we need?	Is it helpful for individual young people who are starting services to know how other young people found them?
What is the advantage of being able to look at how outcomes change for groups of young people (rather than just individuals)?	Why bother with outcome and feedback measurement questionnaires?	How do we reach groups difficult to access, e.g. homeless / disadvantaged individuals so information reaches all young people?	What is the purpose of the questionnaires etc? How can this be explained and emphasised?
How do we know how well mental health services are working?	How should we talk about the data from services (e.g. how much people get 'better') between professionals and with the public?	How do we make sure the mental health questionnaires don't feel like a 'tick box exercise'?	Is there additional, external measures / activities to just sitting and talking to a practitioner?
What does 'good' or 'better' mean in mental health, and how can you measure that? (e.g. is it how the person feels? Whether they can cope and get on with their life?)	How much detail is needed? Might not be helpful to overthink negative response which could counteract all other positive responses.	How does online mental health support compare to face to face support?	Would it be useful to understand the preferred therapy/treatment for specific mental health diagnosis/struggles and what is most effective to such preferences?
What about time? Do people get better on their own?	How can we design questionnaires that are more helpful for the young person filling them out?	How do you access research and use it to inform services provided and allocation of funding etc?	How good are the questionnaires, and how do we deal with the flaws? (e.g. not answering them honestly or having a bad day)
	If confidentiality has to be broken, when and to what extent is the young person notified and updated? How can you make confidentiality clear? How can you explain why confidentiality might not be possible? If not confidential, who is involved?	How much support is given to BOTH family and friends of young person who is receiving help and is their support / mental health being monitored also?	



VIDEO



GET INVOLVED

Encourage the young people that you work with to:

- *Subscribe to our free CORC network*
- *Follow us on social media @CORCcentral*
- *Become a guest speaker on our Live Chats*
- *Co-produce and advise on specific projects*

Item 4
20%

Item
3
20%



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ANY QUESTIONS?

