



STANDARDISING ROUTINE OUTCOME MONITORING ACROSS ORGANISATIONAL BOUNDARIES

Implementing a standard system across Belfast and
South Eastern Trusts



BELFAST AND SOUTH EASTERN CAMHS

- Young People's Centre (Aged 14-18, Step 3)
- Child and Family Clinic (Aged up to 14, Step 3)
- Belfast Primary Mental Health (Step 2)
- South Eastern Primary Mental Health (Step 2)
- Down and Lisburn (Step 3)
- North Down and Ards (Step 3)
- Eating Disorder Youth Service (EDYS)
- Drug and Alcohol Misuse (DAMHS)
- Knowing Our Identity (KOI)
- Inpatients
- Family Trauma Centre
- Crisis Assessment and Intervention Team (CAIT)
- 4000 accepted referrals per year



TROUBLES LEGACY

- ‘Northern Ireland has the highest prevalence of mental illness in the UK, with an incidence of around 16 deaths per 100 000 individuals per year. The proportion of the health budget in Northern Ireland devoted to mental health is around 6%, which is half that of England. Psychiatric morbidity in Northern Ireland is 25% higher than in the UK, a legacy of the Troubles in which more than 3500 people died and 47 000 were seriously injured.’
Mental health in Northern Ireland: an urgent situation (2018) by Siobhan O’Neill.
- A study in 2015 found almost 30% of the NI population suffer mental health problems, and nearly half of those are directly related to the Troubles.
- **Over 4500 people have taken their own lives in Northern Ireland since the Good Friday agreement became effective.**



- Ulster University's Professor of Mental Health Sciences, Siobhan O'Neill said the vast majority of the population "suffered minimal long term mental ill-health issues as a result of the Troubles". However, she said a "significant number of individuals who directly experienced decades of violence and social deprivation have gone on to develop **serious mental health and substance disorders**".
- A University of Ulster study in 2011 found that **8.8%** of people in Northern Ireland had met the criteria for **PTSD** at some point. This research also states that **39%** of people in Northern Ireland experienced a traumatic event, **14%** have a mental illness and **9%** have signs of **PTSD**
- The 'Death rate' of the troubles equalled 0.22% of the NI population. 0.22% of the UK as a whole is around 106,000 people



OUTCOMES BACKGROUND

AN EXERCISE IN FUTILITY

- Psychology, Inpatients and Family Trauma already evidence focused
- Inconsistent use of a range of ROMS
- Previous process for Community outcomes

Step 1. SDQ given out at Initial Assessment

Step 2. SDQ completed by the Young Person

Step 3. SDQ deposited in a collection box

Step 4. SDQ left in collection box to ferment



CORC - TAKE 1

- Signed up in 2017
- Southern Trust site visit/Shared pack
- CORC discussion
- Standard regional ROMS
- Pack process – 3 Teams
- Tracked returns
- Limited Time 2 and Discharge
- Staffing – Data not reported
- Led to current project



CHALLENGES

- Resourcing
- Time
- Engagement
- Diary Management
- Aversion to change
- Fear of scrutiny
- Lack of training
- Organisational boundaries



CORC – TAKE 2


IF AT FIRST YOU DON'T SUCCEED


- June 2019
- Strategic planning
- Digital version of pack
- Office presence
- PDSA
- Sharing of knowledge
- Launch
- One for all
- Paperless

Digital Demo



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 **Belfast Health and Social Care Trust**
caring supporting improving together



Time 1

Name: Click or tap here to enter text. **D.o.B:** Click or tap here to enter text.

PARIS: Click or tap here to enter text. **Date:** Click or tap here to enter text.

Special Educational Needs: Yes No

Looked After Child: Yes No

Child Protection: Yes No

Ethnicity: Choose an item. **Referrer:** Choose an item. **Date of Referral:** Click or tap here to enter text.

For Partnership: Choose an item. Please Specify

Date of 1st offered appointment: Today **Other:** Click or tap here to enter text.

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00 Outcomes Search 00 Outcomes

Name

- 00 Pack Template - Updated
- 11 Barry McLernon 220100
- 11 Seán O'Brien 339100
- z1
- z2
- z3
- z4
- z5
- zz 6 Month Follow Up
- zz DNA 1st
- zz Existing Patients
- zz Pairs
- zz T1 Discharge
- zz To Be Rebooked

11 Barry McLernon 220100

Name

- Discharge
- Time 1
- Time 2



C A M H S

THANKS FOR LISTENING

ANY QUESTIONS?



SOURCES

- <https://www.assemblyresearchmatters.org/2019/02/27/suicide-statistics-and-policy-in-northern-ireland/>
- https://www.health-ni.gov.uk/sites/default/files/publications/health/pl2-eco_1.pdf
- <https://www.health-ni.gov.uk/news/suicide-prevention-strategy-protect-life-2-published-today>
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- Downes & Muldoon QUB 2007: Muldoon 2005: Bunting 2011