



CORC Spring Seminar

What should influence the choice of measurement tools?

Objectives



1. Objective

To explore the all CORC data set findings

2. Objective

To hear from a member service about their implementation strategy

3. Objective

To share ideas and think together about the key factors to inform measurement choice

Background



MEASURES TO DATE

- Portfolio of commonly used measures
 - Intended use of subscales
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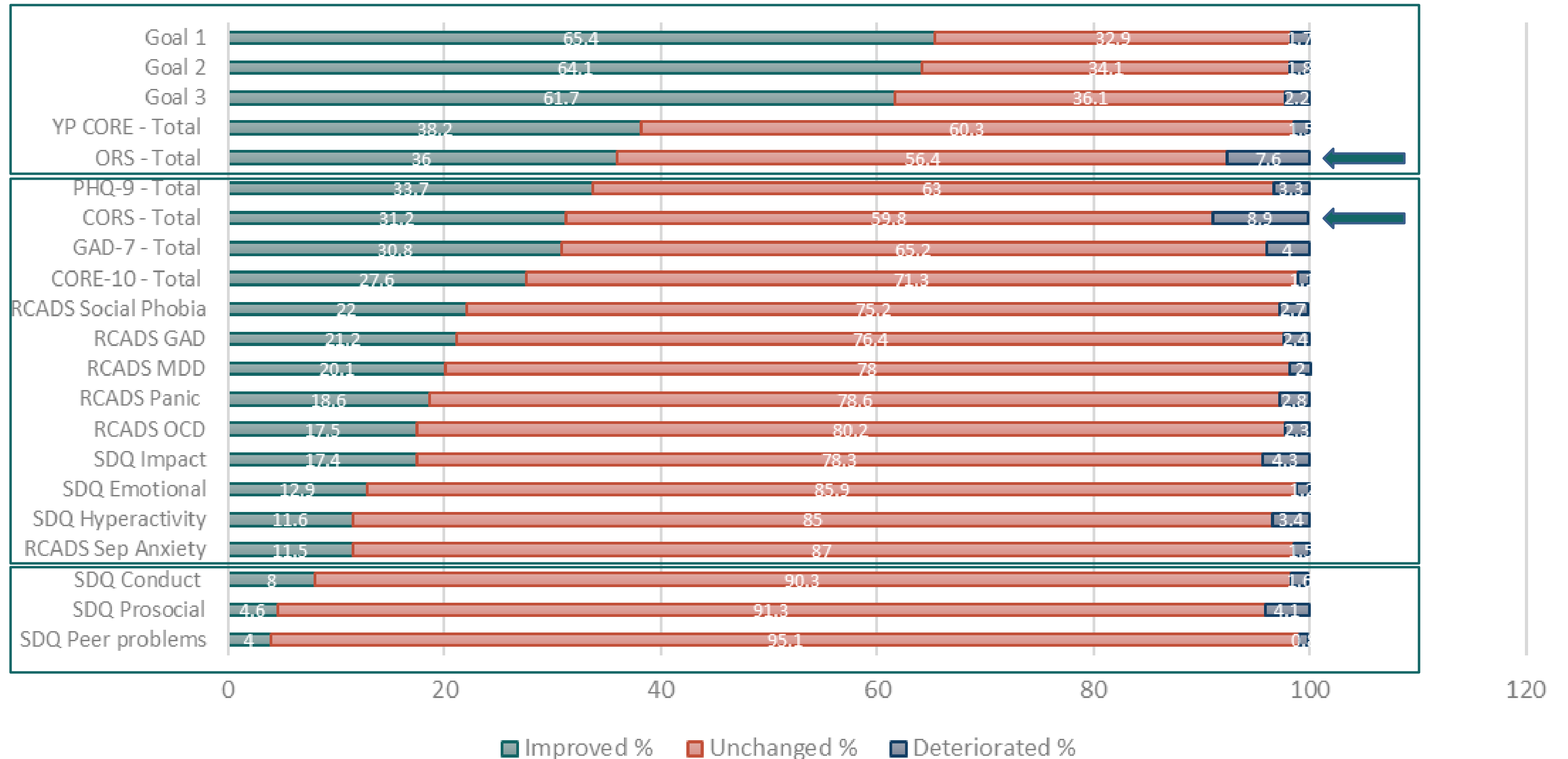
PRESENT

- Measures are not selected in the intended way
 - Several factors inform measurement choice
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WHY ARE WE INTERESTED?

- Outcome metric bringing measures together
- Do measures function in different ways?

Reliable Change per Measure



N=120,372 (range N=181 CORE-10 – N=14,007 SDQ Hyperactivity subscale)



Discussion Questions

- What else is a factor in the decision making when choosing and using measures?
- How best to choose measures?
- What happens if consistent/common measures are implemented?



What influences choice of Outcome Measures

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AWP ROM MODEL

- **Goal Based Outcomes +**
 - Outcome Measure - related to Goals/Age/problem

Recommended

- Session Feedback Questionnaire/Session Rating Scale

Minimum frequency

- **Assessment**
- **Review (6 sessions - every 3 months)**
- **Discharge** - Experience of Service - Discharge (last session) + 6 monthly snapshot.



Thrive model

- Personalised goal of the young person or family can helpfully point to a standardised measure that might also be helpful to track progress.
- E.G. Family with the goal of “*having better family relationships*”, track the family’s progress using a personalised goal tool *and* select a standardised measure such as SCORE-15,



Thrive model

Overarching theme	Agreed goal	Some possible outcome indicators that can be used
Coping with specific problems and symptoms	Less symptoms PTSD	Impact of Events Scale
	Less low mood	Revised Child Anxiety and Depression Scale (Sub-Scales)
		How are things: Depression/low mood (PHQ-9)
	Manage compulsive behaviours	OCD subscale of Revised Child Anxiety and Depression Scale



Other Influences

- Local KPI's
- National CQUIN - CCG7a: Routine Outcome Monitoring in CYP and Perinatal Mental Health Services (Oct 21).

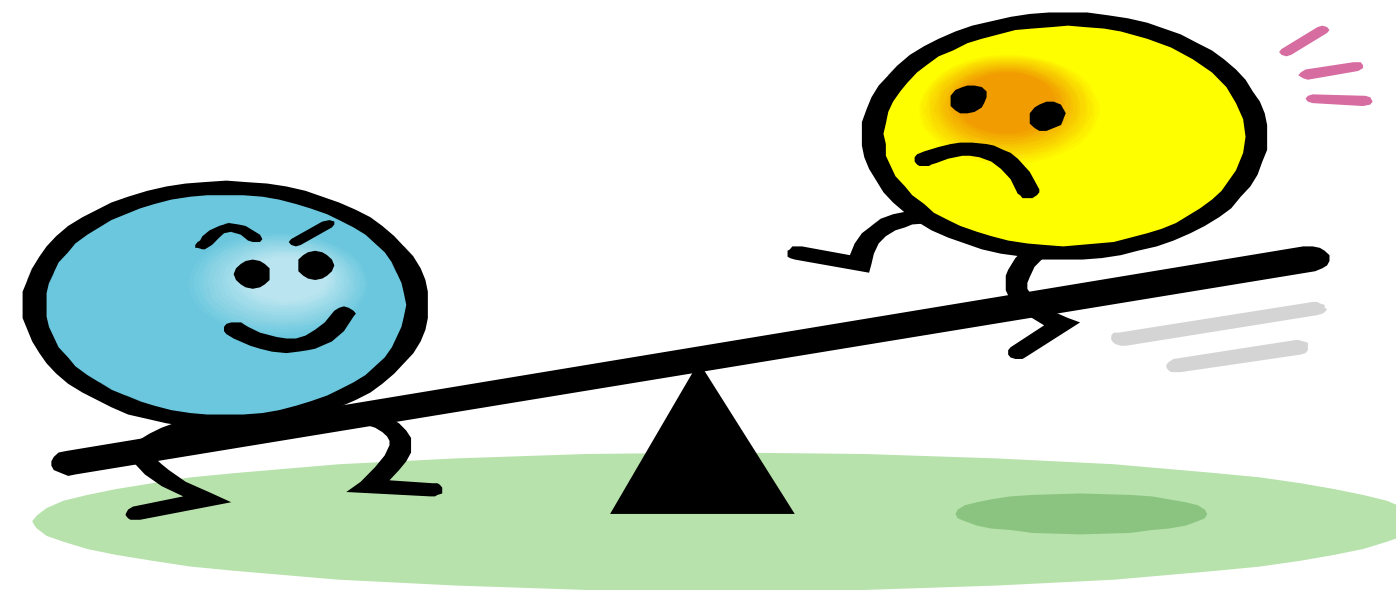
Achieving 40% of children and young people and women in the perinatal period accessing mental health services, having their outcomes measured at least twice.



Balance of use of measures to inform practice and service evaluation

Service
Evaluation

Clinical
Meaningfulness



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