

Professor Miranda Wolpert MBE

Professor Miranda Wolpert is Director of [Mental Health at Wellcome](#) where she leads a global programme to find and fund cutting-edge Mental health science to discover how brain, body and environment interact; to understand how interventions work and to bring together diverse research communities in order to develop more personalised interventions to intervene early in mental health problems. Miranda is also Professor in Evidence Based Research and practice at [UCL](#) where her research focuses on measuring outcomes of mental health treatments and making use of flawed data. She cofounded the Child Outcomes Research Consortium and in 2017 she was awarded an MBE for her services to children and young people's mental health.

**Kate Dalzell**

Kate is Head of CORC and leads research, informatics and service support teams in taking forward CORC's mission: promoting the meaningful use of evidence to improve child and youth mental health and wellbeing. Kate is also Head of Innovation and Dissemination at the Anna Freud National Centre for Children and Families. Her background is in service development in a local authority context, and in particular applying data-driven approaches to embed a focus on outcomes. She has been active in improving service collaboration and coordination around community needs through her work across a range of public, voluntary and community sector bodies – in particular in regeneration contexts.



Recently Kate has been exploring how evidence and feedback loops can improve the impact of self-care (non-professionally mediated approaches) in child and youth mental health, as well as continuing to improve CORC's support to young people, commissioners, mental health practitioners and schools in making best use of evidence to improve outcomes.

Nick Tait

As Programme Manager for CORC, Nick works directly with members as well as on a range of projects in collaboration with CORC partner organisations. Nick joined CORC after working in schools, first as a teacher and then as head teacher of a large London primary school. Through his work with children he saw the importance of effective support for children's mental health and wellbeing and worked with partner organisations to develop practice in school. He is particularly interested in the wellbeing of the most vulnerable children.

**Aradhana Rana**

Senior Project Manager, Mental Health Infrastructure Team, NHS England and Improvement

Aradhana leads on the National Mental Outcomes programme which focuses on driving improvements in routine outcome monitoring across the mental health programme. She works closely with policy teams to ensure NHS England and Improvement are achieving good outcomes for all people in contact with mental health services.



Louise Woods

Programme Manager - Access & Inclusion Team (Outcomes, Participation & Digital)

Louise is a Programme Manager in the National Children and Young People's Mental Health Team in NHS England, leading on participation, outcomes and digital transformation of children's mental health services. Louise originally trained as a teacher, before moving to work in the NHS in 2001. Louise has predominantly worked in children and young people's mental health (including managing CAMHS services) but also in learning disabilities and children's physical disabilities services, and most recently worked at a regional level supporting the establishment of the new Mental Health Support Teams in schools across the East of England before joining the national team in March 2021.

**Huw Spencer**

Huw is the Project Manager for #BeeWell, embedded in the Greater Manchester Combined Authority's (GMCA) Public Service Reform team. He has worked at the GMCA since 2018, first as a lead analyst for children's services and more recently as a project manager for the GM early education recovery plan. He has a degree in Modern Languages from the University of Oxford and in his spare time helps organise the Northern Policy Forum – a network for young people interested in policy in the north of England.



Huw is leading on session: [Resilience interventions in schools and what young people think about drivers of wellbeing](#)

Professor Jessica Deighton

Professor Jessica Deighton is the Director of the Evidence Based Practice Unit (EBPU). Her research concerns the relationship between social, emotional and educational outcomes for children and the effectiveness of interventions to improve children's mental health and wellbeing in school and health-based settings. She leads and collaborates on studies funded by the Department of Health, Department for Education and the Health Foundation that focus on evaluation of large scale interventions aimed at improving health and mental health outcomes for children and young people across health and education settings.



Jessica is leading on session: [Resilience interventions in schools and what young people think about drivers of wellbeing](#)

Dr Emily Stapley

Emily is a Senior Research Fellow in the Evidence Based Practice Unit (EBPU; Anna Freud National Centre for Children and Families and UCL). Emily's research interests focus on young people's and families' experiences of mental health problems, coping and receiving support. Emily has expertise in qualitative and mixed methods research. Emily's doctoral research at UCL explored the experiences of parents of adolescents diagnosed with and receiving therapy for depression in the UK. Emily currently leads on the qualitative research strands of several large-scale, mixed methods research projects within the EBPU, including The National Lottery Community Fund's 'HeadStart' Programme.



Emily's current research focuses on the experiences of young people in receipt of preventative interventions in school and community settings seeking to promote positive mental health and wellbeing.

Emily is leading on session: [Embedding support across the system: what do we know from HeadStart and beyond?](#)

Professor Julian Edbrooke-Childs

Julian is Research Lead alongside Jenna Jacob at the Child Outcomes Research Consortium (CORC) and Professor of evidence-based child and adolescent mental health at UCL. Julian is also Head of Evaluation at the Anna Freud Centre. Julian's research focuses on empowering children, young people, and families to actively manage mental health and mental health care with a focus on social inequalities. The three areas this consists of are empowerment, evaluating the implementation and impact of practice, and digital.



Julian is leading on session: [Community FCAMHS: helping the system to better help young people with multiple needs](#)

Dr Jenna Jacob

Jenna is Co-Research Lead for CORC, alongside Prof Julian Edbrooke-Childs. Jenna and Julian lead the strategic direction of CORC research, considering best use of the rich data sets for the benefit of CORC members and the wider community. Jenna's research focuses on patient-centred care and outcome measurement, with a particular interest in goal setting and tracking in therapeutic settings. Jenna is interested in the direct application of research to positively impact the lives of young people with mental health and well-being difficulties.



Jenna is leading on session: [Active ingredients for preventing and managing depression and anxiety in young people](#)

Lee Atkins

As Regional Officer for the Midlands and South West, Lee seeks to support organisations and services to develop their evidence based and outcome focused approach for service improvement. Lee developed his passion for this work supporting the mental health and well-being of children and young people over 12 years across voluntary and statutory sectors. This experience gave him a keen understanding of the needs of children, young people and their families and a commitment to putting them at the centre of all support for them. Lee is excited by the variety and diversity of work that takes place for children and young people and seeks to better understand, to demonstrate and to improve the effectiveness of this support.



Lee is leading on session: [Being curious: outcome measures as tools for exploration. Learning from recent projects](#)

Dr Melissa Cortina

Melissa is a Senior Research Fellow at the Evidence Based Practice Unit (EBPU). She has extensive experience in service and intervention evaluation in public and private sector for children and young people's mental health. She has been working with local authorities, CCGs, schools, and mental health professionals to better support young people and promote resilience (Link Programme; Youth Wellbeing Initiative). She also supervises quantitative and qualitative MSc projects.



Melissa is leading on session: [Early evidence: Coronavirus and children and young people's mental health](#)