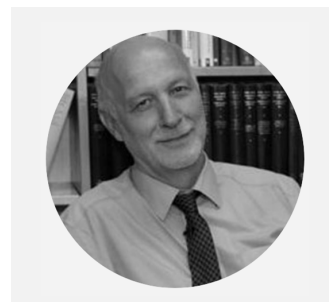


# CORC Forum, 2022

## Professor Peter Fonagy

Peter Fonagy, OBE FMEDSci FBA FAcSS PhD is Professor of Psychoanalysis and Developmental Science and Head of the Division of Psychology and Language Sciences at University College London; Chief Executive of the Anna Freud National Centre for Children and Families, London; and holds visiting professorships at Yale and Harvard Medical Schools. His clinical interests centre on issues of early attachment relationships, social cognition, borderline personality disorder, antisocial behaviour and violence. His longitudinal studies which linked the quality of parent-infant attachment to theory of mind development have important implications for strategies for early prevention not accounted for by genetic influences. The link between human attachment and social cognition led Bateman, Fonagy and colleagues to develop a model of, and a highly effective treatment approach, for borderline personality disorders (BPD). Mentalisation Based Treatment (MBT) is now one of the two evidence-based psychological treatments used for severe PD and is widely practiced in the UK, Europe and the USA.



Peter's keynote session is: **Child mental health is too important to be left to child mental health services: The implications of our changing understanding of the nature of mental health to service design and the measurement of the effectiveness of services.**

## Kate Dalzell

Kate is the Head of Child Outcomes Research Consortium (CORC); and Head of Evidence-Led Improvement and Engagement at the Anna Freud National Centre for Children and Families. She heads up the CORC team that supports practitioners and organisations to work with outcome measures and to use that insight (along with other evidence) to develop services and strengthen commissioning.



Kate's background is in service development in a local authority context, and in particular applying data-driven approaches to embed a focus on outcomes. She has been active in improving service collaboration and coordination around community needs through her work across a range of public, voluntary and community sector bodies – in particular in regeneration contexts.

Recently Kate has overseen work to tailor CORC approaches to best support schools and voluntary organisations, as well as area-based projects to embed and develop outcome-focused approaches to commissioning, and CORC support for the six areas involved in The National Lottery Community Fund's HeadStart programme.

Kate will lead on the session: **Developments from the Child Outcomes Research Consortium.**

## Emma Storey and Aradhana Rana – NHS England

Emma has worked within NHS digital transformation for over 6 years. She currently leads work within the Digital Mental Health team on embedding User Centred Design principles and practices into national and local digital transformation activities within mental health. She is passionate about ensuring that the needs of service users, clinicians and providers are incorporated into digital transformation programmes and driving parity of esteem across national priorities.



Aradhana has recently joined the national Children and Young People's Mental Health team working in the Access and Inclusion (which includes Outcomes and Experience) portfolio to help achieve the ambitions of the NHS Long Term Plan to improve and provide equitable access for CYP and their families to mental health services, sustainably reduce waiting times to provide better outcomes and experience through evidence-based interventions to more CYP and families. Aradhana has a keen interest in mental health, having been in the national team for over 5 years, and ensuring we achieve good outcomes for everyone in contact with mental health services.

They will both lead on the session: **Innovations in routine outcome monitoring: learning from practitioners and service users through user-centred design.** And be joined by two local services: **Norfolk and Waveney ICB and Bristol, North Somerset and South Gloucestershire ICB.**

## Professor Jessica Deighton

Professor Jessica Deighton is the Director of the Evidence Based Practice Unit (EBPU). Her research concerns the relationship between social, emotional and educational outcomes for children and the effectiveness of interventions to improve children's mental health and wellbeing in school and health-based settings. She leads and collaborates on studies funded by the Department of Health, Department for Education and the Health Foundation that focus on evaluation of large scale interventions aimed at improving health and mental health outcomes for children and young people across health and education settings.



Jess will lead on the session: **Towards a broader conceptualisation of mental health need: How recent research is challenging traditional approaches.**

## Ellis Joyce, Michelle Rudd, Hsin-Ping Wang - Coventry and Warwickshire Partnership Trust Dr Debbie Emberley, Dr Leslie Anne Campbell, Dr Sharon Clark - IWK Healthcare

Michelle Rudd has worked in all areas of mental health care over a 28 year nursing career, and has a real passion for working alongside and supporting children and young people. Michelle's speciality area is within the field of CYP in crisis and working with systems to support a true wrap around plan of care for CYP when care is needed within the Urgent and Emergency crisis pathway, and transforming and developing services with the CYP and their families at the heart.



Ellis Joyce has worked across all areas of mental health, learning disabilities and autism, in both a clinical and operational manner, over the last eight years. With a real passion for working alongside and supporting CYP and transforming the services that support them and their families, Ellis' speciality area is CYP mental health transformation.

Hsin-Ping began their career as a social worker and has since worked within the children's mental health sector for many years. With a real passion for collaborative working and evidence-based care, Hsin-Ping completed their high intensity CBT as part of the first wave of CYP IAPT transformation and has continued to embrace the CYP IAPT programme through supervision and leadership.

Coventry and Warwickshire Partnership Trust and IWK Healthcare will lead on the session: **What does it look like to lead change? Service journeys in embedding routine outcome measurement.**

## Jenna Jacob

Jenna is Co-Research Lead for CORC, alongside Prof Julian Edbrooke-Childs. Jenna and Julian lead the strategic direction of CORC research, considering best use of the rich data sets for the benefit of CORC members and the wider community. Jenna's research focuses on patient-centred care and outcome measurement, with a particular interest in goal setting and tracking in therapeutic settings. Jenna is interested in the direct application of research to positively impact the lives of young people with mental health and well-being difficulties.



Jenna will lead on the session: **Take-aways from the most recent research on measuring improvement using the Goals-based outcomes tool.**

## Elsie Whittington

Elsie is the Youth Co-creation Lead for the #BeeWell programme. She is a youth worker and researcher. Elsie's work with young people prioritises youth centred and participatory methods. She advocates for the importance of informal education and youth work approaches to support young people to develop competence and confidence. Elsie works to bring young people together to learn about and discuss issues that affect them – she has expertise in exploring complex and sensitive subjects with young people such as sexual consent, sexual exploitation, safeguarding and mental health.



Elsie will lead on the session: **How can youth voice and impact measurement develop mental health approaches in school settings? More than voice, more than a survey.**