

# CORC Advisory Group

## Role Description

### About

The Child Outcomes Research Consortium (CORC) Advisory Group includes young people, parents and carers, and professionals (practitioners, policymakers, educators, academics) willing to share their knowledge, expertise and experience to inform and influence CORC's work.

The Group share a commitment to progressing CORC's vision: evidence is used to improve support for children and young people's mental health.

### Purpose

In bringing together the perspectives, knowledge, and experience of a range of relevant and invested stakeholders, the Advisory Group will ensure CORC's activity:

- is informed by the lived experience of those it seeks to support
- is effective in achieving its vision
- complements other work to improve support for children, young people and families

### Membership of the Advisory Group

The CORC Advisory Group is made up of individuals with an interest in improving the mental health and wellbeing of children and young people. It includes:

- **young people (aged 18 to 25 years)** with lived experience of mental health challenges or an interest in emotional wellbeing
- **parents and carers** with lived experience of navigating mental health support and resources available to support children and young people
- **professionals** working in mental health, wellbeing, or education (spanning frontline work, management, commissioning, policymaking and researchers / academics)

Some individuals may address more than one of these categories. Efforts are made to have a diversity in the group, including in relation to race and ethnicity, disability, age, gender, socio-economic background and geographical location.

### **The role of an Advisory Group member: what is involved**

The Advisory Group will meet three times a year. Members are asked to be available for online group sessions that will last for approximately 90 minutes. Any reading information to prepare for each meeting is provided at least ten days in advance and will be kept to what is necessary.

Advisory Group members are asked to be active in contributing in meetings, which are designed to be interactive and to get the best use of participants' time.

Additional to this, three optional sessions provide a space for personal and professional development through sharing, networking and learning (the content of these is responsive to the needs and interests of the Group).

Advisory Group members may be interested in being involved in other CORC projects, but this is not an expectation of Advisory Group members.

*The work plan is likely to include: the focus of research; ensuring we communicate well with different audiences; help CORC develop resources and information, including guidance and training to improve services.*

### **The role of an Advisory Group member: what members bring**

- Passion and interest in mental health and wellbeing
- Readiness to share expertise, knowledge and lived experience
- A belief in the role of evidence in improving the support for children and young people
- Recognition of the importance of feedback and measurement as ways of learning
- Ability to question, challenge and give constructive feedback
- Willingness to work in a mixed group, listening to others and respecting different points of view
- Motivation to make positive change for themselves and others

### **What Advisory Group members can expect**

- £25 Love2Shop voucher per 90-minute 'full' session attended
- Experience being in a professional advisory group and recognition of your involvement in and contribution to the work of CORC and Anna Freud
- Have your contribution respected and valued
- Skills development - including access to CORC training and events, as well as sessions driven by the Group's interests
- Influence how CORC works, what CORC provides and help shape future projects and research
- Make a positive difference in improving child and youth mental health support
- Support so the Group is accessible and comfortable for all Advisory Group members to engage fully. This includes for example accommodating specific requirements, and helping with confidence building